

Educational Program	Impact
<p><b>Nutrition Education Programs</b></p> <ul style="list-style-type: none"> <li>■ <b>EFNEP</b> (Expanded Foods and Nutrition Program)</li> <li>■ <b>ESNY</b> (Eat Smart New York)</li> <li>■ <b>Regional EFNEP</b></li> <li>■ <b>CHHC</b> (Community Heart Health Coalition)</li> <li>■ <b>FMNP</b> (Farmers Market Nutrition Program)</li> <li>■ <b>Consumer Nutrition Education Outreach</b></li> </ul> <p><b>Family Resource Management Programs</b></p> <ul style="list-style-type: none"> <li>■ <b>FBEP</b> (Family Budget Education Program)</li> <li>■ <b>ESNY</b> (Financial Education for Food Security Issues)</li> <li>■ <b>Consumer Financial Education Outreach</b></li> <li>■ <b>Housing</b></li> </ul>	<p><b><i>Navigating for Success – An innovative learner inclusive approach to community education and new staff training starts 2005</i></b></p> <p><b><i>Navigating for Success</i></b> is a high-quality training program that is being implemented statewide for the EFNEP and ESNY programs. It emphasizes the importance of learning both nutrition content knowledge and delivery process skills.</p> <p>The training design model reinforces the best practices of adult learning principles throughout all levels of staff development.</p> <ol style="list-style-type: none"> <li>1. The six principle&gt; who they are, what they know, where they've been</li> <li>2. Inclusion&gt; part of the group, needs considered, level playing field</li> <li>3. Relevance&gt; what is being taught makes sense in their world-it is about them</li> <li>4. 30/50/70/90&gt; 30% recalled if hear and see; 50% hear, see, demonstration; 70% simulation; 90% the real thing</li> <li>5. Immediacy&gt; can use/apply what they are learning now or soon</li> <li>6. Safety&gt; physically and emotionally feel they can add their voice (designed by Dr. Joye Norris, adapted from work by Dr. Jane Vella)</li> </ol> <p><b><i>Navigating for Success</i></b> curriculum acknowledges the many environments in which learning occurs, framed in the sequential development model.</p> <p>Eileen Polk, ESNY Coordinator and I attended the facilitator training September 28-30, 2004 in Albany. The facilitators training focused on:</p> <ul style="list-style-type: none"> <li>▪ Curriculum elements and associated facilitation skill development necessary for instructional delivery in small group settings of 6-12 learners</li> <li>▪ Curriculum elements and supervisory responsibilities associated with assisting learners in achieving competence as a nutrition educator.</li> <li>▪ Best—practice guidance and training considerations preparatory to successful regional delivery.</li> </ul> <p>All nutrition educators in the Hudson Valley Regional Nutrition Education Program (Orange, Dutchess, Westchester, Rockland, Sullivan, Ulster counties) will participate in the training beginning January 2005. The training consists of 20 components taught over a 12-month period. The training is outcome-oriented with achievement-based objectives built into each learning experience.</p>