

**4-H Youth Development**  
Program Update  
**April-May 2005**

**4-H Veterinary Science**

The Normal Animal was the topic for the 4-H Vet. Science Series Unit 1. Local Veterinarians/Vet Technicians/Animal behaviorists presented information in the areas of Attitude, Behavior, Skin, Membranes, Body Temperature, Health, Cleaning, Disinfections, Cells, Tissues, and Organs. SUNY Ulster (Dr. Beth Alden) hosted this Program in the new Veterinary Technology Laboratory. Twenty-four teens registered for the series, twenty teens completed the five week program.

**Environmental Awareness Day (EAD)**

The 4-H Program hosted the annual EAD. This year 20 classes of 6<sup>th</sup> graders registered for the Earth Safari to learn more about **Y**outh **E**nvironmental **S**tewardship. Presenters from New York State Department of Environmental Conservation, Frost Valley YMCA, New York Sea Grant, Cornell Cooperative Extension of Ulster County, Resource Recovery, Environmental Management Council, Audubon New York, Wildlife Rehabilitation, Catskill Center for Conservation & Development, Minnewaska State Park Preserve, and the Ashokan Field Campus taught hands-on specifics about stewardship from their perspective. Specific perspectives included: fish, forests, composting, the Hudson River estuary, wildlife, hiking, recycling, ground water, birds, maple syrup, and careers.

**Public Presentations**

On March 5, 2005, 41 4-H youth participated in our annual Public Presentation event. Participation in this unique learning experience helps youth to develop a positive self image, poise, and confidence in speaking before a group. Ten of our 4-H youth went on to the District level where three Ulster County teens received the honor of being selected to represent our county at the State level event at Cornell University.

**Clothing Evaluations**

Over 100 garments were evaluated on April 27, 2005 at the annual 4-H clothing evaluations! Garments included a Victorian wedding dress, a bridesmaid gown, evening gowns, pants, blouses, fleece outerwear, aprons, and pajamas, all sewn by 4-H youth ages 5-19.

**Teen Programming**

April 22-24, 2005, four Ulster County teens attended the State Teen Action Representative's Retreat at the New York State Fair grounds in Syracuse. The teens learned about the ability of youth to bring about change in their communities, participated in leadership activities, and learned the importance of developing their passion to reach their fullest potential.

**TOPS (After School Programming)**

Participants learned the importance of making healthy choices, how to prepare healthy snacks, and were introduced to new foods. Also, the 4-H club experience was introduced to children at the JF Kennedy School.



**Ulster County 4-H Staff**

Patti Zellmer, Team Coordinator - Debra Cascio, Educator - Jenny Burkins, Program Secretary