



Educational Program	Impact
<p>Nutrition Education Programs</p> <ul style="list-style-type: none"> ■ EFNEP (Expanded Foods and Nutrition Program) ■ ESNY (Eat Smart New York) ■ Regional EFNEP ■ CHHC (Community Heart Health Coalition) ■ FMNP (Farmers Market Nutrition Program) ■ Consumer Nutrition Education Outreach <p>Family Resource Management Programs</p> <ul style="list-style-type: none"> ■ FBEP (Family Budget Education Program) ■ ESNY (Financial Education for Food Security Issues) ■ Consumer Financial Education Outreach ■ Housing 	<p>UC Home Ownership Program The New Home Owner Welcome packets have been distributed to 22 new homeowners. To date, two workshops have been provided for the new homeowners. The first workshop, "Working with Contractors: Home Improvements With Headaches" was presented on April 28th. Mark Russo was the instructor. The second workshop, "The ABC's of Home Grounds Maintenance," was May 24th. Teresa Rusinek, CCEUC Extension Educator was the instructor. Two more workshops will be presented in this series. The next workshop will target Indoor Air Quality, especially mold and mildew issues.</p> <p>Consumer Education Program for Residential Energy Efficiency (CEPREE). CCEUC was among the counties accepted to receive funds for the second grant year. CEPREE is consumer education related to residential energy efficiency and the energy star program. New York Energy Research and Development Authority funded this project through the Department of Design & Environmental Analysis, Cornell. This program fits well with the UC Home Ownership Program and consumer outreach efforts.</p> <p>ESNY Application for the FFY2005 ESNY program is being completed and will be submitted to Ulster County Department of Social Services for final approval. June 2, 2004. Foods stamp applicants and recipients only are the targeted audience. This is a change from previous years, when we could work with the food stamp eligible population. Additionally, a school must have a free and reduced lunch rate of 80% or greater in order for us to work in that school or we must be able to document that the parent/caregiver receives food stamps.</p> <p>Community Nutrition Outreach We participated in the 4th Women's Wellness Expo at Tech City on May22, 2004. The interactive educational display focused on trans fatty acids – their health implications, common food sources in our diets and the new food label changes to go in effect 2006. Since trans fatty acids (partially hydrogenated oils) have been a hot topic in the media, it generated lots of questions and checking of displayed food product labels.</p> <div style="text-align: center;">  <p>Kingston Walks  Are You Walking?</p> </div> <p>Over 275 individuals in the greater Kingston area are currently participating in the Kingston Walks Program of the Community Heart Health Coalition.</p>