

4-H Youth Development
Program Update
January-February 2006

- **Program Development Committees**

To help the Educator(s) plan educational 4-H programs Ulster County has six Program Development Committees, commonly known as PDCs. In the winter months each committee reviews the biggest educational event, the County Fair. Recommendations are given for the fair classes and plans made for clinics and workshops to help prepare for the fair classes. Currently these are the six PDC committees: Auction, Cattle, Family & Consumer Science, Horse, Sheep & Goats and Small Animals. 4-H Parents, leaders, and community members serve on these volunteer committees.

- **Livestock Advisory Task Force**

Representatives from each of the animal PDC's and 4-H Volunteers/Parents and one teen met to address three animal science concerns at the County Fair. In ONE meeting this task force addressed and recommended solutions for: Barn duty, Awards and recognition at County Fair, and Master Showmanship.

- **4-H Auction Project**

On January 31, 2005 4-H Auction Participants and their families enjoyed a sponsored dinner at New World Home Cooking in Saugerties. Chef Ric prepared three entrees with auction meats. What a wonderful way to promote and enjoy the benefits of 4-H Auction animals!

February 7th, 23 youth attended information night for the 2006 4-H Auction Project! We are looking forward to a great educational program for new and returning 4-H Auction participants.

- **4-H Winter TOPS After School Program**

Children were busy learning "Healthy Habits". Each week (7) they explored a different group of the new Mypyramid and snacked accordingly, devouring treats of Homemade Granola, Fruit Dip, Hummus, Rainbow Salsa and "Something Special" Deviled Eggs. Students were reminded of the importance of daily exercise and were given opportunities to hone their hoola hooping skills. The unit culminated with Drew Andrews, a local fitness and dance instructor. Fourth graders and first graders learned to "Willie- Willie", burning calories and flexing muscles!

- **Ulster County 4-H Horse Project – Regional Winners!**

February 25 Ulster County 4-H Horse members earned high honors at Regional Hippology and Horse Bowl competition. In Hippology Ulster's teams placed 2nd in all divisions. In Horse Bowl Seniors placed 3rd and 4th (two teams); Juniors were 1st and Novices 2nd. Individually, Jordan Kalish placed 1st in the Senior division and Shelby Cocks placed 1st in the Junior division.

WELCOME Dona Crawford, Events and Volunteer Coordinator!!!



Ulster County 4-H Staff

Patti Zellmer, Team Coordinator – Mary Lou Giuliano, TOPS School Program Educator – Dona Crawford, Events and Volunteer Coordinator-Jenny Burkins, Program Secretary