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FOR IMMEDIATE RELEASE

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Relatives As Parents Program to Host FREE Workshops for Caregivers and Kids

Cornell Cooperative Extension of Ulster County's (CCEUC) Relatives as Parents Program (RAPP), is a free on-going program for adults who reside in Ulster County that have taken on the role of parenting the child or children of a relative.

Beginning Friday, March 26 from 6:00pm to 8:00pm, RAPP will begin hosting a FREE eight-session program entitled, "Parenting a Second Time Around" (PASTA) as well as the RAPP Kidz Club. The workshops will be at the CCEUC Education Center located at 10 Westbrook Lane in Kingston. Each session will include a family meal which will begin at 5:30pm. All relative caregivers may participate regardless of income.

In addition to assistance and guidance for adults, at each session RAPP will also offer programs for young people in the RAPP Kidz Club! This program is fully confidential. The sessions will cover many topics and provide education and training to learn new parenting and coping skills, offer mutual peer support to relative caregivers, referrals and access to appropriate community based services and resources and more!

RAPP was established in 1999 by Cornell Cooperative Extension of Orange County and expanded to neighboring counties including Ulster County in 2005. RAPP continues to offers information to assist kinship care giving families, youth and family enrichment and educational program information in a caring environment.

For more information about RAPP or to register for this program call RAPP Coordinator, Danielle Garris at 845-340-3990 or email djg249@cornell.edu.

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Cornell Cooperative Extension of Ulster County (CCEUC) is a 501(c) 3 subordinate government agency of the State of New York under Article 5, 224(b) of the NYS County Laws organization that utilizes research based knowledge through their partnership with Cornell University. This information is disseminated through their on-going community programming in the areas of Agriculture, Horticulture, 4-H Youth Development, Family and Consumer Science and Environmental programs held throughout Ulster County.

Building Strong and Vibrant New York Communities