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**FOR IMMEDIATE RELEASE**

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**Paint the Picture of a Healthy Kingston Event Set for May 15**

*Share your ideas in creating a healthy Kingston*

The Healthy Kingston for Kids project is seeking input from youth and adults in creating a vision for a Healthy Kingston on Saturday, May 15 during the Kids Run Wild event at the Forysth Nature Center located at 125 Lucas Avenue from 10:00am to 2:00pm.

Residents can provide input through a variety of fun and engaging activities. Activities aimed at defining a healthy place to live include: a cloth mural project where kids and adults can express how they envision a healthy Kingston in words and pictures; a mapping session where participants can designate locations where they'd like to see changes for the better; and a roving microphone through which participants can share their thoughts and insights about how to create change. Participants can also enter a drawing for a free Kayak Tour for a family of four with the Forsyth Nature Center by completing a survey.

For more information about the event, contact Kristen Wilson, Project Director of the Healthy Kingston for Kids Project, at 845-340-3990 or [kew67@cornell.edu](mailto:kew67@cornell.edu).

The Healthy Kingston for Kids project aims to reduce childhood obesity in Kingston via environmental and policy change.

The Healthy Kingston for Kids Partnership is funded by The Robert Wood Johnson Foundation.

For more information about Cornell Cooperative Extension of Ulster County's community programs and events call 845-340-3990 or visit us online at [www.cceulster.org](http://www.cceulster.org) or follow us on [www.facebook.com](http://www.facebook.com)

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Cornell Cooperative Extension of Ulster County (CCEUC) is a 501(c) 3 subordinate government agency of the State of New York under Article 5, 224(b) of the NYS County Laws organization that utilizes research based knowledge through their partnership with Cornell University. This information is disseminated through their on-going community programming in the areas of Agriculture, Horticulture, 4-H Youth Development, Family and Consumer Science and Environmental programs held throughout Ulster County.

*Building Strong and Vibrant New York Communities*

Cornell Cooperative Extension in Ulster County provides equal program and employment opportunities.