



**Cornell University**  
**Cooperative Extension**  
**Ulster County**

10 Westbrook Lane  
Kingston, New York 12401-2928  
t. 845.340.3990  
f. 845.340.3993  
ulster@cornell.edu  
www.cceulster.org

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**FOR IMMEDIATE RELEASE**

Contact: Jude DeFalco  
Marketing & Production  
845-340-3990  
[www.cceulster.org](http://www.cceulster.org)

**FREE Budgeting and Credit Card Management Workshop Comes to Kingston**  
***“Learn how to budget your money and manage credit card debt”***

There is no better time to start learning how to manage your hard earned money and taking control of credit card debt than right now. Cornell Cooperative Extension of Ulster County (CCEUC) has the solution for gaining useful money management skills and controlling credit card debt.

Making Ends Meet, FREE Budget and Credit Card Management workshop is the answer. The workshop will be Friday, February 26, 2010 from 9:00am to 11:00am at the Business Resource Center, located at 1 Development Court, in Kingston. The session is FREE and open to the public. Pre-registration is required.

Pre-registered attendees will receive a FREE Money Management Starter Kit (limit one per household). Participants will learn how to develop a spending plan, budgeting and saving skills, identify opportunities to reduce expenses, how to manage credit card debt and how to establish and reach their financial goals. Participants are asked to bring a pad of paper and pen if they wish to take notes.

To pre-register or for more information contact the CCEUC Education Center at 845-340-3990.

For more information about Cornell Cooperative Extension of Ulster County's community programs and events call 845-340-3990 or visit us online at [www.cceulster.org](http://www.cceulster.org) or follow us on [www.facebook.com](http://www.facebook.com)

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This program is funded through Cornell Cooperative Extension Tompkins County as part of the EmPower New York Program, and a component of the HeatSmart NY initiative. HeatSmart NY workshops are sponsored by the New York State Energy Research and Development Authority (NYSERDA).

*Cornell Cooperative Extension of Ulster County (CCEUC) is a 501(c) 3 subordinate government agency of the State of New York under Article 5, 224(b) of the NYS County Laws organization that utilizes research based knowledge through their partnership with Cornell University. This information is disseminated through their on-going community programming in the areas of Agriculture, Horticulture, 4-H Youth Development, Family and Consumer Science and Environmental programs held throughout Ulster County.*

*Building Strong and Vibrant New York Communities*

Cornell Cooperative Extension in Ulster County provides equal program and employment opportunities.