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Ulster County

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FOR IMMEDIATE RELEASE

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Calling all Vegetable Gardeners!

Plant A Row for the Hungry Campaign Strives to Stem Hunger in Ulster County

What's more rewarding than growing your own vegetables? How about sharing your extra produce to help feed the hungry right here in Ulster County!

The vegetable growing season is in full swing, and Cornell Cooperative Extension of Ulster County's Master Gardener program is looking for gardeners like you to help feed people who are hungry in our community by joining our Plant-A-Row for the Hungry (PAR) campaign. Each year we ask vegetable gardeners to grow a little extra or share their extras.

Your fresh produce can be dropped off at the following designated locations:

- **Cornell Cooperative Extension of Ulster County**
10 Westbrook Lane in Kingston between the hours of 8:30am and 4:30pm,
Monday - Friday. Contact: Barbara Grumberg 845-340-3990.

- **Family of New Paltz**
51 North Chestnut Street in New Paltz between the hours of 10:00am and
5:00pm, Monday Thursday. Contact: Kathy Cartegena 845-255-8801.

- **Caring Hands Soup Kitchen**
Clinton Avenue in Kingston at the Methodist Church between the hours of
9:00am and 2:00pm, Monday - Thursday. Contact: Rev. Darlene Kelley
845-331-7188.

We ask that all donations are washed prior to delivery.

Nutrition program educators at Cornell Cooperative Extension will use and distribute the produce collected when they go out to teach their hands-on nutrition education programs that work with low to moderate income families, children, and seniors residing in Ulster County.

Building Strong and Vibrant New York Communities

This seasons co-sponsors include The Garden Writers Association, The Expanded Food and Nutrition Education Program, and Eat Smart New York.

If you're ready to help the hungry call our Master Gardener Program today at Cornell Cooperative Extension Ulster County to receive your free soil test, information packet, free Plant A Row veggie markers for your garden and registration form, call Dona Crawford at 845-340-3990. Or visit our website: <http://counties.cce.cornell.edu/ulster> under the Master Gardner section.