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Ulster County

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FOR IMMEDIATE RELEASE

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Plant A Row for the Hungry Campaign Strives to Stem Hunger in Ulster County

The vegetable growing season is in full swing, and the Master Gardener program is looking for gardeners like you to help feed people who are hungry in Ulster County by joining their Plant A Row for the Hungry (PAR) campaign. We are asking vegetable gardeners to grow a little extra this season or sharing the extra you have to help feed the hungry right here in Ulster County.

Your fresh produce can be dropped off at the following designated locations:

- **Cornell Cooperative Extension of Ulster County located at 10 Westbrook Lane in Kingston between the hours of 8:30am and 4:30pm, Monday - Friday.
Contact: Barbara Grumberg 845-240-3990.**
- **Family of New Paltz located at 51 North Chestnut Street in New Paltz between the hours of 10:00am and 5:00pm, Monday - Thursday.
Contact: Kathy Cartegena 845-255-8801.**
- **Caring Hands Soup Kitchen located on Clinton Avenue in Kingston at the Methodist Church between the hours of 9:00am and 2:00pm, Monday - Thursday.
Contact: Stephen Crawford 845-331-7188.**

We ask that all donations are washed prior to delivery.

The nutrition program educators at Cornell Cooperative Extension will use and distribute the produce collected when they go out to teach their hands-on nutrition education programs that work with low-income families, children, and seniors residing in Ulster County.

This season's co-sponsors include The Garden Writers Association, The Expanded Food and Nutrition Education Program, and Eat Smart New York.

Building Strong and Vibrant New York Communities

If you're ready to help the hungry call our Master Gardener Program today at Cornell Cooperative Extension Ulster County to receive your free soil test, information packet, free Plant A Row veggie markers for your garden and registration form, call Dona Crawford at 845-340-3990. Or visit our website: <http://counties.cce.cornell.edu/ulster>.