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**Ulster County**

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**FOR IMMEDIATE RELEASE**

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**Free Budgeting and Credit Card Management Seminars Comes to Kingston**  
*Learn how to budget your money and manage credit card debt*

There is no better time to start managing your money and taking control of credit card debt than now. Cornell Cooperative Extension of Ulster County has the solution for money management and controlling credit card debt throughout the year.

Making Ends Meet, Free Budget and Credit Card Management Seminar is the answer.

Seminars will be held on:

**Wednesday, May 7**

**9:30am to 11:30am at the Cornell Cooperative Extension of Ulster County's Phoenicia Office located in the Phoenicia Plaza, 5575 Route 28.**

**Wednesday, May 14**

**9:30am to 11:30am at the Cornell Cooperative Extension of Ulster County's Education Center located at 10 Westbrook Lane in Kingston.**

Pre-registration is required to attend. The session is free and open to the public. All attendees ages 18 and up will receive a FREE Money Management Kit.

Participants will learn how to develop a spending plan, budgeting and saving skills, identify opportunities to reduce expenses, how to manage credit card debt and how to establish and reach their financial goals.

Please call Barbara Grumberg, 845-340-3990 to reserve a seat or email: [bag23@cornell.edu](mailto:bag23@cornell.edu). For more information about Cornell Cooperative Extension of Ulster County's events and programs please visit our website at: <http://counties.cce.cornell.edu/ulster>

*Building Strong and Vibrant New York Communities*