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FREE Financial and Future Wellness Programs Double Header Comes to Kingston

Cornell Cooperative Extension of Ulster County will be hosting two of their most popular programs on Saturday, March 29 at the Cornell Cooperative Extension of Ulster County's Education Center located at 10 Westbrook Lane in Kingston beginning at 10:30am. Free Brunch will be served for both programs and participants may choose to attend one or both upon registering. Pre-registration is required before March 28. For more information or to pre-register contact Barbara Grumberg at 845-340-3990.

The programs will be:

10:30am to 12:00pm

Free Wi\$e Up Women Financial Education Program

Helps Women Plan for Their Financial Future

A special financial education program specifically designed to help women ages 17 - 45 years of age become more financially savvy. Wi\$e Up Women will teach women how to plan and take charge of their finances. Participants will learn how to better manage their money, credit cards and credit card debt, how to build and use credit responsibly, develop record keeping and budgeting skills, how to save money for a financially secure future, emergencies and important long term goals, and more. All in a comfortable environment that encourages questions and discussions.

12:00pm to 1:00pm

Free Class to Provide Information About Long Term Care Insurance

Learn more about your options. Control your future, protect your assets

This free class will educate participants about their options for long term care insurance. The class will also include one-on-one assistance and follow-up consultations. Long term care insurance covers long term care services provided in a nursing home, at home, in an assisted living facility, or in other community-based settings. Long Term Care Insurance can provide financial resources an individual may require regardless of whether they remain in their own home or if they need facility care. This program is solely intended to educate consumers about their choices and includes The New York State Partnership Program which combines private insurance with New York State Medicaid, but allows participants to protect their assets.

To learn more about Cornell Cooperative Extension of Ulster County's programs and upcoming events visit our website at <http://counties.cce.cornell.edu/ulster>

Building Strong and Vibrant New York Communities