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Free Money Management and Healthy Choices Seminar Series in Ellenville

Want to better manage your money and credit card debt while making the most economical and healthiest food choices for your family? Cornell Cooperative Extension of Ulster County is offering ALL MY MONEY a six seminar series focusing on money management and basic nutrition topics for limited income families, seniors and individuals residing in Ulster County.

The first seminar is Thursday, October 4 from 3:00pm to 4:00pm at the Ellenville Public Library located at 40 Center Street in Ellenville. The remainder of the seminars will take place every Thursday from 3:00pm to 4:00pm at the same location. Upon completion of all six seminars participants will receive a Certificate of Achievement and become eligible for a free one-on-one consultation with a trained educator. These informative seminars will be led by highly trained and certified financial and nutritional educators.

The seminars are designed to provide information for consumers on money and resource management and family resource decision making. Participants will learn budgeting and saving skills, management of credit and credit card debt in addition to learning beneficial shopping techniques, nutrition recommendations and healthy eating habits.

For more information or to sign up contact Barbara Grumberg at Cornell Cooperative Extension of Ulster County at 845-340-3990

Cornell Cooperative Extension in Ulster County provides equal program and employment opportunities.