



Ulster County  
10 Westbrook Lane  
Kingston, NY 12401-2928

Tel: 845 340-3990  
Fax: 845 340-3993  
E-mail: [ulster@cornell.edu](mailto:ulster@cornell.edu)  
Web: [www.cce.cornell.edu/ulster](http://www.cce.cornell.edu/ulster)

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**CONTACT:** Ryan Moore  
NYSERDA  
Phone: (518) 862-1090 ext. 3267  
Fax: (518) 862-1091  
[rtn@nyserda.org](mailto:rtn@nyserda.org)

or June Strand  
Cornell Cooperative Extension Ulster Co.  
Phone: 845-340-3990  
Fax: 845-340-3993  
email: [jms48@cornell.edu](mailto:jms48@cornell.edu)

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*Simple Action Can Help Save The Environment*

The recent start of Daylight Saving Time can mark the time for all New Yorkers to take a simple action that can make a big difference for the environment, save energy, and save money. The action? Change existing light bulbs to ENERGY STAR® light bulbs.

“Homeowners generally change the batteries in their smoke alarms the same time they move their clocks one hour ahead. This April, make one more change - change at least five bulbs in your home or apartment to an ENERGY STAR® light,” stated Joe Laquatra, professor at Cornell University and head of a residential energy awareness partnership with the **New York Energy \$mart** program.

Bulbs with the ENERGY STAR® label provide the same light output but use two-thirds less energy, and last up to ten times longer than standard lighting products. By replacing the five most-used lights in a home with ENERGY STAR® labeled ones, consumers can save approximately \$60 in energy costs a year. In terms of pollution, if every New Yorker changed at least five bulbs in their house to ENERGY STAR®, it would be the same as permanently removing 305,000 cars from the road.

Traditionally, Daylight Saving Time was equated with providing farmers more daylight to tend their crops and animals, especially at harvest time. As energy supplies and demand become more of an issue, Daylight Saving Time became more important for the country. Daylight Saving Time “makes” the sun set one hour later and therefore reduces the period between sunset and bedtime by one hour. This means that less electricity would be used for lighting later in the day, saving about one percent of all the electricity used in the country each day.

To find out where to buy ENERGY STAR® lights, visit [www.GetEnergySmart.org](http://www.GetEnergySmart.org) or call 1-877-NY-SMART.

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