



How would you like to Participate?
Cornell Cooperative Extension of Ulster County
4-H Program/Event directory for Volunteer involvement
(Chronological listing)



Event/Program	When/where	Description	Tasks/Needs	Time commitment	Volunteers needed
Public Presentations, Training	February (first Friday) SUNY Ulster	A hands-on workshop to prepare youth for public presentations	Describe the process needed to prepare a presentation, explain the types of presentations, and demonstrate a good and a “bad” presentation.	2 hours prep for Key Volunteer, 2.5 hours to deliver	1 Key: Ann Marrott 2-3 Teen assistants
Capital Days	March Albany	4-H Capital Days gives teens an opportunity to meet and interact with legislators and tell their 4-H story, create an awareness of career opportunities in New York State government, better understand state government, and network with delegates	Driver/chaperone	Sunday evening-Tuesday	1 Adult
Public Presentations County level	March Saturday A.M. SUNY Ulster	4-H members learn to: <ul style="list-style-type: none"> • express themselves • organize their ideas and present them in a logical order. • research subjects • develop confidence • use visuals • listen to the opinions of others. 	Be a part of the team to set up and “run” the event.	Day of event: 1 hour set up 4 hours event 1 hour take down	3-4 set up 2 registration/check out 1 greeter 1 photographer

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Public Presentations District level	Friday, 3-7 Early May, April Middletown Gander Mt.	District evaluation of Public Presentations for the Southeast District (seven counties)	Be a part of the District team to set up and “run” the event.	Day of event 2 hours set up, 4 hours event (hours can be divided)	1-2 set up 1-2 event (can be same or different people)
Public Presentations State level	August State Fair, Syracuse	State wide evaluation	Drive and chaperone the youth presenting	1 day	1 (can be a parent/leader)
STARR (State Teen Action Representative Retreat)	Mid April, Friday-Sunday, Syracuse, State fairgrounds	Three day leadership retreat with workshops and activities to build life skills, for all NYS teens	Level 1: Drive and chaperone Level 2: Teens and adults for the State planning committee	Level 1: Friday-Sunday Level 2: Committee meetings	1 adult for each 5 teens Your choice!
Clothing Revue Evaluations	April (2 weeks before revue) Kingston	Evaluation of the items that have been sewn	Evaluate the “fit” of the clothing items	3-4 hours for the event	1 Key: Kay Peischel
Clothing and Textile Arts Revue (CTAR)	Friday before Mother’s Day (May) Kingston	The public “revue” and modeling of the clothing and textiles 4-H projects	Organize and manage the Clothing and Textiles Arts Revue	40 hours preparation 4 hours for event	1 paid coordinator (FCS, 2010)

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Career Explorations	End of June, Beginning of July – Tuesday-Thursday	A three-day event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce you to Cornell University. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10-12	Driver/chaperone	3 days	1 Adult for each 5 teens
Ulster County Fair	First complete weekend in August County Fairgrounds, New Paltz	The annual evaluation and exhibition of the Ulster County 4-H projects with opportunities for leadership growth and development.	Set up Education Promotion of 4-H Judging day hosts Daily hosts	1 hour – 7 days!	
New York State Fair	12 days BEFORE Labor Day, State Fairgrounds, Syracuse Ulster's time, 1 st Sunday-Thursday	Evaluation of 4-H projects at a State level, career and leadership opportunities for youth, especially teens.	Drivers, chaperones, county booth coordinators	1 hour-12 days!	1 Key booth Coordinator: Drivers, Chaperones

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National 4-H Week	First full week in October, ALL USA!	Promotion and awareness of 4-H Youth Development across the Nation	Window displays Information nights	3 hours 3 hours planning, 3 hours event	1 Key 2 Key
Awards & Records	Mid October Kingston	Annual recognition of 4-H project work.	Evaluation of 4-H Records Education and promotion of the Awards/goal setting program	2 hours – committee	1 Key 12-14 Evaluators 5 Promoters
Achievement Night	First Friday in November SUNY Ulster Student Lounge	Public presentation and recognition of 4-H membership, awards and leadership	Plan the evening event	4 hours to plan 3 hours for event	1 Key: 2 teen assistants

Ongoing Opportunities

Event/Program	When/where	Description	Tasks/Needs	Time commitment	Volunteers needed
Program Development Committees (PDC)	3-5 times/year Kingston or fairgrounds	Plan and deliver the educational programs for a 4-H project.	Committee participation in Auction, Cattle, Horse, Sheep & Goats, Small Animals, Family Consumer Science	2 hours/meeting, plus time of events/programs	At least 5 adult and teen participants on each committee
4-H New Leader Training	2-3 times/year Kingston	New leaders receive a six hour face-to-face introduction/orientation to 4-H club management	Speakers for “ Why be a 4-H leader” ...	1 hour	2-3 per year
4-H Leader mentoring	On going Your arrangement	Be a mentor for a NEW 4-H Leader	New leaders need a friendly “voice” to ask their questions	You determine	Six
Grant Writing	Your arrangement	Help indentify possible funding sources for Cornell Cooperative Extension Ulster County and the 4-H Program	FIND funding sources the support the 4-H mission	You determine	As many as possible!