



Cornell University
Cooperative Extension
Ulster County



County Observer

January 2008

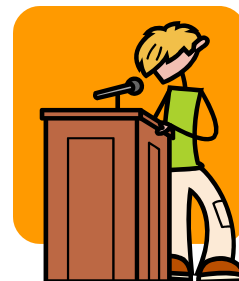
Public Presentations Workshop Friday, February 1

Join us for the 2008 Public Presentation Workshop, Friday, February 1, 6:30-8:30 PM at the Central Hudson Building in Kingston! This workshop is especially helpful for new 4-H Members and is a good review for experienced 4-H members. Topics for the workshop include:

- An overview of the Public Presentation categories
- How to format your presentation
- Tips on making effective visuals
- What is a "good" presentation?

Registrations for this workshop are a MUST! Call, write or email your reservation on or BEFORE January 25, 2008.

Directions to Central Hudson, Kingston - easy access! The Central Hudson building is right next to Johnson Ford on Rt 28, right off the Thruway. From Rt 28 turn onto Modica Lane @ the stop light. Johnson Ford will be on your left. Drive past the dealership. Central Hudson will be the next building on your left, with a big parking lot. If you go to Campers Barn you have gone too far!



Ulster County 4-H Public Presentations Saturday, March 8

This year Public Presentations will be held at SUNY Ulster on Saturday, March 8. Watch for the February Observer for the details! Organizational Leaders will be receiving a Public Presentation Packet with information and registration forms.



Cornell University
Cooperative Extension
Ulster County

10 Westbrook Lane
 Kingston, NY 12401

4-H CLUB ORGANIZATIONAL LEADERS

- Ellen & Russell Hausmann and Jenny Burkins
 4-H Animals and Company
- Lisa Chichkov.....4-H Cool Kids
- Anne Gomola 4-H Rocks
- Jenny Burkins & Joy Weis Teen Leader, Courtney Weis
ABC 4-H
- Rochelle Jourdan, Donna Grimm & Debbie Smith
A Little This, A Little That
- Pam Pardee & Angie Skretta.....
 Animals Around the World
- Virginia Legg.....Association of 4-H Friends
- Anne Magielnicki..... Brookside Nature Kids
- Joe Watson & Mary PottingerBudding Gardeners
- MaryLou Giuliano.....Coleman Cares 4-H Club
- Claudia & Barbara Davenport.....
 Curiously Creative Cousins 4-H Club
- Annie MardineyFeathered Friends
- Laura Every & Allison Reidy Feathers & Fur
- Cynthia Worrada & Bernadette Bergin
Highland 4-H Forest Finders
- Jen & George Holz.....Homesteaders
- MaryJane & John Coughlin.....
 The Hudson Valley Harvesters
- Elizabeth & Andrew Higgins
 Kingston Wild Birds & Animals 4-H Club
- Susan & Timothy Bruck Sr..... The Musketeers
- Cindy Scherry, & Sylvia Tinti
Out of Hand 4-Hers
- Denise & Ron Van Aken and John & Carol Fitzpatrick.....
Rondout Valley Country Kids
- Allyson Nichols, Denise Barringer & Lori Zelinsky.....
 Samsonville Barnyard
- Donna & Wayne Grimm..... Saugerties Harerisers
- Greg Walters, Ray & Barbara Smith.....
 Sharp Shooters
- Debra MrcCullough, Joanne Ewald & Heidi White
Shawangunk Ridge Equestrians
- Jenny Burkins & Ben Campbell Teen Council
- Jenny Burkins, Carol Carboni, and Lori Halwick
 Ulster County 4-H MuttMasters
- Roberta Jackson & Carla Picayo
 Ulster Equistars and Pony People
- June Teloar & Stacy Eccleston.....Zena 4-H Black Bears

Is your club missing from the 2007-2008 club list? If so your Salmon Color sheet has not been received. Please send in your Salmon Color 4-H Club Enrollment form ASAP.

**For more information please contact the
 4-H Staff
 845-340-3990**

The County Observer is the monthly publication for the 4-H Youth Development Program of Cornell Cooperative Extension of Ulster County. Cornell Cooperative Extension is the unique educational network linking Ulster County with resources from Cornell University and the USDA.

The mission of the 4-H Youth Development Program is to “help young people become self-directed, productive and contributing members of society.” Participation in the 4-H Program is open to all interested youth, regardless of race, color, sex, creed, national origin, or handicap. Youth ages 5-19 are invited to be 4-H members.

4-H Youth Development Staff Team

- Patricia Zellmer, Issue Leader
- Kristen Wilson, Resource Educator
- MaryLou Giuliano, After School Program Educator
- Dona Crawford, Event & Volunteer Coordinator
- Jennifer Burkins, Administrative Assistant

Highlights in this issue	Page
Ag Literacy Day	7
Animal Science	8 & 11
ATV	5
Calendar	3
Club Chatter	6
Community Service	6
HorseBowl, Hippology	9
Leader Information	4, 5
Make-It, Take-It	7
New Leader Training	4
Public Presentations	4, 13-15
Scholarships	9
Teen Events	5
Ulster County Fair	12



Cornell Cooperative Extension of Ulster County 4-H Program



2008 4-H Dates and Events

January (2008)

1	OFFICE CLOSED - Happy New Year!
10 & 17	New 4-H Leader Training, 6:00-9:00pm, CCE Education Center
14	Sheep & Goat PDC, 5:00pm, Kingston Office
16	Small Animal PDC, 7:00pm, Kingston Office
21	OFFICE CLOSED - Martin Luther King Day
23	4-H Leader Share Fair Party, 6:30pm (snow date 24)
31	4-H Vet Science Series, 6:30-8:00pm, SUNY Ulster

February

1	Public Presentation Workshop, 6:00-8:00pm
7, 14, 21, 28	4-H Vet Science Series, 6:30-8:00pm, SUNY Ulster (4 weeks) (snow date the following Wednesday)
14	Valentines Day
18	OFFICE CLOSED - President's Day
23	Regional Horsebowl/Hippology (snowdate 24)
27	Small Animal PDC, 7:00pm

March

1	Deadline for application for 4-H Horse Program Scholarship
3 & 4	Capital Days
4 & 11	New Leader Training, Kingston Office, 6:00-9:00pm
6, 13, 20, 27, 3	4-H Vet Science Series, Unit 2, 6:30-8:00pm, SUNY Ulster (Snow date the following Wednesday)
8	Public Presentations, SUNY Ulster
9	Daylight Savings Time (Spring ahead 1 hour)
10	4-H Auction Information Orientation, 6:30pm Fairgrounds
15	Spring Fun Festival & Bunny Basics, High Falls Firehouse
15	March Dog Madness, Cornell University
17-19	4-H Spring Science Camp
23	Easter

April

11	New Leader Reception
11	District Horse Communications, 5:00pm
14	Auction, Choosing your Animal
18-20	Starr Retreat, Syracuse
23	Clothing Evaluation
25	Clothing Construction Evaluation
29	Environmental Awareness Day

4-H Public Presentation Training

4-H Public Presentation Training will be held on Friday, February 1, 6:30--8:30 pm at Central Hudson. At this informative workshop you will learn how to prepare for a 4-H Public Presentation! Topics that will be covered in the workshop include:

What is a...
...Demonstration?
...Illustrated Talk?
...Formal Speech?
...Recitation or Dramatic Interpretation?
How do I pick a topic?
What do I do to present?
How do I set up my presentation?
Tips on making a good presentation.

Interested in Foods or Cooking Presentation? Preparing a cooking or foods Public Presentation involves a **very specific** set of guidelines. 4-H members interested and who pre-register may attend a special training. 4-Hers who want the food/cooking training **MUST** request the training on the Workshop registration form. All workshop registrations are due to the 4-H Office on or **BEFORE FRIDAY, January 25.**

4-H Clubs that would like a personal visit/training on Public Presentations from an Educator/teen team, call the 4-H Office to make your reservation. Appointments will be scheduled between February 1 and February 28.

Ulster County Public Presentations will be held on Saturday, March 8, 9:00am—3:00 pm at SUNY Ulster campus in Stone Ridge.



4-H New Leader Training

New 4-H Leader Training/Refresher for 4-H Organizational Leaders will be held at the Kingston Office on:

Thursday, January 10, 6:00 - 9:00pm, Part 1
Thursday, January 17, 6:00 - 9:00pm, Part 2

New leader training is a 6 hour commitment. Leaders must attend both sessions. There must be at least 4 people registered on or **BEFORE** December 21 to hold these Trainings. (Note: The 4-H Office is closed December 25 - January 1.

4-H Leader's Share Fair Party

Save the DATE!

You asked for it...you got it!!!

Wednesday, January 23

6:30 - 8:30pm, Kingston Office

Have you seen all the **NEW** 4-H Project Books in the 4-H Source Book?!?! There are so many new and/or revised 4-H Project Books! The 4-H Office is going to give you a preview of these new 4-H Project Books! All Leaders that RSVP (and attend!) will receive **FREE** that's right...a **FREE** Project Book(s), of your choice at the 4-H Leaders Share Fair Party. Vote for the Project Books you would like to see spotlighted on January 23. On-line check it out at <http://www.cerp.cornell.edu/4h/> or www.4-hmall.org/Curriculum.aspx. Email us your vote at jlb64@cornell.edu

Beef, Dairy Cattle, Dairy, Goat, Horse, Meat
Goat, Poultry, Rabbit, Veterinary Science,
Entomology,
Pre-Flight, Electricity, Robotics, Small
Engines, Geospatial, Woodworking, Eco-
Wonders, Forestry, Fishing,
Outdoor Adventures, Gardening, Science
Discovery,
Keeping Fit, Foods, Microwave Magic,
Exploring 4-H, Finance, Consumer Savvy,
Leadership, Citizenship, Service Learning

Mark your Calendars Now!
STARR Retreat: April 18-20, 2008
Statewide Teen Retreat
Details to follow

Career Explorations and University U
July 1—3
Cornell University

Four Hundred and Fifty + teens from across NY State attend this three day adventure on the Cornell Campus. Reservations will be in April.

Cabin Fever ?!?!
New Leader Reception
Friday, April 11, 2008
6:30 pm

All 4-H Leaders with 5 years or less are invited to join us for a New Leader Reception! This will be a time to network with each other and hear the “secrets” from a few seasoned 4-H Leaders. Bring those questions and ideas. A completion certificate will be given to all Leaders who have completed this year’s New Leader Training, RSVP and attend the Reception. Please RSVP on or BEFORE Friday, April 4. Coffee, tea, and a SPECIAL dessert will be served!

4-H ATV SAFETY

Dates: Jan. 28, 29, 30, 31
(Feb 1 snow date)

Time: 5:00-7:00pm

Location: Kingston, TBA

Club Chatter

For Christmas we are recycling-making x-mas wreaths out of plastic shopping bags. Each person in our club has made a wreath out of different colors. Some people made yellow wreaths, others made blue ones and still others made white wreaths or multi-colored ones. You can even make them out of bread bags.

A Little This, A Little That

Community Service

U.C. 4-H Teen Council and U.C. 4-H MuttMasters met on December 12 to put together 12 food baskets to be delivered to families in need. Members made gift jars of trail mix, brownies, cookies and soup mix for each of the baskets. The baskets also contained a ham, or turkey, butter, eggs, and other non-perishables. A big thank you to Robins Wholesale in New Paltz for the donation of fruits and vegetables to add to the baskets as well as to all the individuals who contributed.

Next Teen Council meeting is Wednesday, January 9, 2008 at the U.C. Fairgrounds. Come join the fun!



ABC 4-H group met on December 5 and 19 to make Christmas Cards and Stockings for the Platoon they have adopted. Twenty cards were sewn, decorated and signed by the group. Twenty stockings were stuffed with; gum, socks, shampoo, candy canes, shaving cream and other goodies, and mailed with care to the Medical Platoon from the 3-6 Field Artillery currently stationed in Iraq. The girls had a great time. An email was sent to let us know that the items were received and appreciated. Special thanks to Maroney's for paying the shipping, Nurse Vivian, and Janice Pallus for their contributions to the stockings. We are currently making plans for our next mailing.



Would you like to make a donation toward shipping the next gift box or donate an item to send to a soldier? If so, donations can be dropped off at the 4-H Office 8:30-5:00 weekdays.





2008 New York Ag Literacy Day

Tuesday, April 8, 2008

Would you like to read *Sugarbush Spring* to a 2nd grade class?

If so please contact the 4-H Office

Make-It Take-It 2007

It was a great family night creating apple pizzas, pretzels, paper, bird houses, paper, greeting cards and center pieces. Next year's date: Friday, December 5, 2008.



Animal Science News

4-H Veterinary Science 2008

This year we will offer Units 1, 2, and 3, of Veterinary Science! The Vet Science series will be held at SUNY Ulster on Thursday evenings, from 6:30 - 8:00 pm. Participation is limited to 24 youth, ages 13-19. The registration fee of \$10/4-H member is due with your program registration. Enrollment is on a first come first served paid basis. The general public will be invited to enroll in early January.

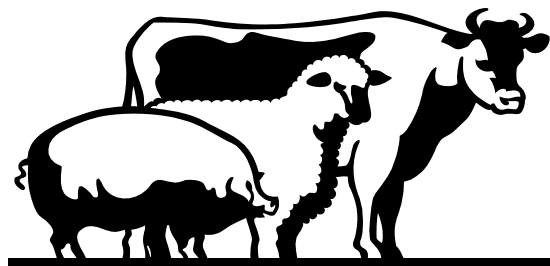


Unit 1	The Normal Animal
January 31	Introduction, Attitude & Behavior
February 7	Skin, Membranes, Body Temp, Pulse, Respiration
February 14	Cells, Tissues, Organs
February 21	Health, Cleaning & Disinfections
February 28	Graduation

Unit 2	Animal Disease
PREREQUISITE:	Completion of Unit 1
March 6	Introduction of Disease, Bacteria, Viruses, & Viral Disease
March 13	Internal & External Parasites
March 20	Nutrition & Poisons
March 27	Stress, Disease, Heredity
April 3	Graduation

2008 4-H Auction

2008 4-H Livestock Auction orientation and information meeting will be held on Monday, March 10, 2008, 6:30 pm at the Fairgrounds Conference room. This is a MANDATORY meeting for anyone that wants to participate in the 2008 Auction. A parent or guardian MUST attend this meeting with the youth. Please sign up by calling, mailing or emailing your intent to attend on or BEFORE Monday, March 3.



Marion Hinkleman Scholarship

Applications are available for the Marion Hinkelman 4-H Horse Scholarship. The Scholarship is awarded to graduating High School seniors that are enrolled in the Ulster County 4-H Horse Program. The application must be completed and sent to the Ulster County 4-H Office no later than April 4. An award will be given to as many qualifying Ulster County 4-H Horse members as there are available funds. The Ulster County 4-H Horse Development Committee makes the selection for the purpose of helping to finance education beyond high school.

4-H Horse Bowl/Hippology Fridays, January & February

Ulster County Horse Bowl/Hippology will be Fridays, January & February at SUNY Ulster in Vanderlyn Hall. ALL interested 4-Her's are invited to attend. County competition will be held in February. District competition is in Orange County on Saturday, February 23. For information contact Hannah Moskowitz, Hbbanana1@aol.com or call 657-3306.

2008 Holstein Calf Scholarship Program

Youth ages 12-15 are welcome to apply for a fine pedigreed calf. The application form and full information is available from the 4-H Office. Applications must be postmarked on or before February 20, 2008



Save the Date 4-H Tractor Certification 2008

March 25 & 27, April 1, 3, 8
7:00 pm at the Fairgrounds
Practice Drive: April 17 & 18
Driving Test: April 19

Class limit: 20 youth
Cost: \$10 enrolled 4-H members
\$20 general public

Pheasant Chicks

The Department of Environmental Conservation (DEC) will be distributing day-old pheasant chicks for rearing and release projects to qualified 4-H youth. Youth must have a project leader that will supervise the pheasant rearing project. A Pheasant Rearing Guide and video, How to Raise Ringnecked Pheasant is available through the 4-H Office. Chick orders must be made on or before March 1.

Newsletter Subscription

Attention 4-H leaders, parents, members. Are you receiving your monthly publication of the County Observer? Leaders, is everyone in your club receiving the County Observer? The monthly 4-H newsletter, County Observer, is sent electronically to all enrolled 4-H families. If you wish to receive a hard copy, (which is literally a copy of the electronic publication) you must tell Jenny and send us an annual mailing fee of \$10. There are scholarships available for the annual mailing fee. Please contact the 4-H Office if you have any questions.



Strategy and PDC—We want YOU...!!!

The Ulster County 4-H Program is looking for a few good men, women and teens! Currently the 4-H Strategy Committee and Program Development Committees are looking for new members. Committee Members are individuals who are interested in 4-H and want to make a difference in the lives of youth. For specific Membership Criteria see the following article. Application Forms are available from the 4-H Office. Complete the Membership Application Form and return to the 4-H Office as soon as possible but BEFORE February 1, 2008.

What kinds of Program Development Committees do we have in Ulster County?

Committee	Meeting Date
Auction	March 10, 2008
Cattle	February 21, 2008
Family & Consumer Science	January 8, 2008
Horse	January 24, 2008
Sheep & Goats	January 14, 2008
Small Animals	January 16, 2008

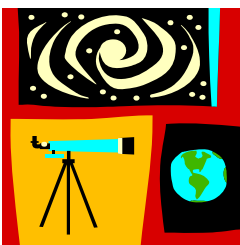
Program Development Committees meet about 4 times per year to plan and carry out the educational component of their interest. For most committees, preparation for evaluation at the Ulster County Fair is a major goal.

Ulster County now has 17 Chartered 4-H Clubs

Thank you leaders. If your club is among the missing, complete your paperwork so we can reach our goal of all (100%) 4-H clubs being chartered.

4-H Spring Science Camp Returns!

March 17-19



Details will
be in the
February
Observer!

Safety Day

Pine Plains Tractor will be sponsoring a Safety Day on:

Saturday, January 12, 9am-noon.

For complete details call:
Schatzi Ludwig
518-398-7107

NEW Animal Science Resources

THANK YOU to Dana Palmer and the NY state 4-H Foundation Willman Fund resource grant that purchased these resources for Ulster County.

1. *Beef Skills for Life Series* is packed with project information and fun, learn-by-doing activities for youth. *Bite Into Beef* engages youth in activities to identify breeds, locate parts, judge, halter break a calf and much more. Level 2 *Here's the Beef* and Level 3 *Leading the Charge* encourage youth to deepen their learning experiences. *Beef Group Helper's Guide* provides a variety of group learning activities including skillathons, quiz bowls, games and presentations. 
2. *Dairy Skills for Life Series* helps youth build their dairy knowledge and skills. Level 1 *Cowabunga!* explores dairy cattle breeds, parts of the dairy cow, desirable traits and grooming and showing of a calf. Level 2 *Mooving Ahead* and Level 3 *Rising to the Top* explore ethical decision making, promoting dairy products and career opportunities. Use *The Dairy Cattle Helper's Guide* to bring your meetings to life.
3. *Dairy Goat Skills for Life Series* consists of Level 1 *Getting Your Goat*, Level 2 *Stepping Out*, and Level 3 *Showing the Way*. Whether it's exploring goat management, selection, health, reproduction, showing or careers, youth from novice to expert will expand their dairy goat knowledge and skills using this series. *The Dairy Goat Helper's Guide* helps leader's as they plan group meetings to get youth involved and excited to learn about goats using goat related games.
4. *Horse Skills for Life Series* is a five volume set including *Giddy Up & Go*, *Head, Heart & Hooves*, *Stable Relationships*, *Riding the Range* and *Jumping to New Heights*. It provides an interactive curriculum youth that is hands-on and grounded in subject matter. Youth learn how to acquire and raise a horse, nutrition and care, judging, and more. *The Horse Helper's Guide* features 17 group activities
5. *Meat Goat Skills for Life Series* uses three Levels, *Just Browsing*, *Get Growing With Meat Goats*, and *Meating the Future* to engage youth in activities related to breeds, health care, grooming, production, reproduction, management, showmanship, marketing, and careers. *The Meat Goat Helper's Guide* is packed with activities that involve the entire group in project records, tours and much more.
6. *Poultry Skills for Life* is a three volume series; *Scratching the Surface*, *Testing Your Wings*, and *Flocking Together*. Youth will learn to identify poultry species and breeds, select breeds, grade carcasses, make a budget, and plan a judging clinic. *The Poultry Helper's Guide* provides 15 learn-by-doing group activities. 

Ulster County Fair 2008

Tuesday, July 29 - Sunday August 3
Monday, July 28 - Static Exhibits

2008 Ulster County Fair Entry Deadline

Entries will be accepted only by
USPS or in person. NO FAXES

DUE: July 15, 2008

Continued in 2008

Clothing Revue moved to Saturday afternoon

4-H Club Membership Policy

- Any person, regardless of race, color, religion, gender, national origin, ancestry, marital status, familial status, sexual orientation or disability may enroll as a 4-H member.
- The New York State 4-H Club year runs from October 1 to September 30.
- Youth who are five through eight years of age on or before January 1 of the club year and enrolled in kindergarten through second grade should enroll as a 4-H Cloverbud member. (Note that not all county associations offer the Cloverbud program.)
- Youth who are at least eight years of age by January 1st of the current club year and in the third grade or higher should enroll as a 4-H member.
- Youth who have reached their nineteenth birthday before January 1 of the 4-H club year may not enroll as a 4-H member.
- Persons considered to be mentally challenged may participate fully in 4-H programs as long as their mental age is determined to fall between five and nineteen years of age.

Types of Public Presentations Offered in Ulster County 4-H

Cloverbud Presentation: (grades K-3, ages 5-8) CBs begin by preparing a simple “Show & Tell” to help relieve the “jitters” and get them used to talking in front of a small audience. Can practice by reciting the 4-H Pledge in front of their club. Evaluation is done for motivation & encouragement. No Teams. (1-5 minutes in length)

Team Presentation: Presenters are expected to equally share in the preparation, presentation and in overall final rating. Evaluators score both presenters individually & then their scores are averaged together for an overall score. Different presentation types may or may not allow teams. (Must be 10-18 minutes in length and have a maximum of only 2 presenters per team.)

General Presentations

1) Demonstrations (Show how): (5-18 minutes except CBs & Teams)

- The presenter **shows**, one step at a time, how to do, make or prepare something based on a topic or subject from a 4-H project or from general interests and activities. First year members & Cloverbuds are encouraged to choose this type of presentation.
- Models/Illustrations used as needed to explain information, show steps in the process being demonstrated, show a larger scale replica of something too small for the audience to see, reveal a finished product, etc.
- Examples: Showing how to lay out a pattern; how to juggle; how to use the Internet; etc. Topic should be appropriate for experience level. Presenters usually have a finished example to show at end of the summary.
- **Important reminder about Food Demonstrations:** Presenters must wear aprons; have hair pulled back, wash hands before beginning (or indicate that they just washed their hands if sink is not in the room). Due to food safety guidelines presenters ***can not*** serve samples however, Evaluators may request a sample if they choose.

Team Demonstrations are allowed if the presentation requires 2 people to make efficient use of the time & it helps with the effectiveness relative to the presentation. (10-18 minutes)

2) Illustrated Talk: (5-18 minutes except CBs)

- The presenter uses visual aids to **tell** about a topic or inform the audience about something.
- The effective use of charts, pictures, posters, slides, overheads, power point, graphs, examples, models etc. play a major role in communicating the presenter’s message.
- Examples: Telling about good nutrition, fishing, an activity, a trip, an event etc.
Unlike a demonstration, it is not necessary to show a finished example at the end of summary.
- Team Illustrated Talks are NOT allowed.

******Please make sure that you understand the difference between a Demonstration and an Illustrated Talk. If you have any questions, contact the 4-H Office.***

Creative Communications –Bridges the gap between message-delivery & the performing arts.

(Please review separate CC evaluation form with definitions on back. For example, the CC types require the presenter bring the talk to a “conclusion” as opposed to the Demonstration or Illustrated Talks, which calls for a “summary” of the materials presented.) This information is being sent to Organizational Leaders.

1) **Recitation:** (5-18 mins)

- The presenter, with the use of vocal inflection, mood, tone & body language as communication tools, delivers a piece of pre-written material (No original pieces).
- Props may not be used, but appropriate dress to subtly represent the character or mood of the written piece is acceptable. Dress should not overwhelm the oral presentation.
- Memorization is expected; but notes are permitted. **No Teams** are allowed in Recitations.

2) **Dramatic Interpretation:** (5-18 mins except teams)

- The presenter or team delivers a re-enactment of a piece of scripted material taken from plays, movies, sketches, and monologues-dramatic or comedic. (Original pieces are acceptable with prior approval from 4-H Educators).
- Props/costumes should be used. Props need to be simple & minimal, not detracting from the strength of the presenter(s).

Horse Communications (Subject must pertain to the Horse Industry, if not, presentation may be disqualified at the discretion of the evaluator.) **(Varied Time Lengths - Last minute counted after presenter’s conclusion and before citing references & question time.)**

1) **Individual Demonstration:**

- May be a Demonstration or Illustrated presentation. Individual only – no teams. No live animals may be used.
- **9-12 minutes** in length. Evaluator will deduct 3 points from the total score for every min under 9 or over 12 minutes.

2) **Team Demonstration:**

- May be a Demonstration or Illustrated presentation. No live animals may be used.
- **10-15 minutes** in length. Evaluator will deduct 3 points from the total score for every min under 10 or over 15 mins.
- A team consists of 2 members (2 Juniors or 2 Seniors – no mixed ages)

3) **Public Speaking:**

- No visual aids, charts or other equipment may be used. Individuals only – no teams. No live animals may be used.
- **7-10 minutes** in length. Evaluator will deduct 3 points from the total score for every min under 7 or over 10 minutes.

If you have any questions please email Patti at psz2@cornell.edu or call her at 340-3990.

Tips for a Successful Public Presentation

- Practice, Practice, and More Practice! Do not wait until the day before the event to start preparing.
- Perform your entire presentation in front of the mirror and in front of everyone that will listen, including your club and even your family dog.
- Get help from your leaders and parents. Ask for constructive criticism to help make your presentation even better.
- Pick a topic that interests you. When you are talking about something that interests you, it really comes across in your presentation.
- Time yourself! Make sure that your presentation is within the specified time limit.
- Understand the type of presentation you are doing and pay attention to the criteria. Any Questions? Call the 4-H Office
- Come to the Public Presentation Workshop and learn from experienced presenters.
- Practice so much that you can do your presentation in your sleep. Practice the full presentation each time with all of your visual aids.
- Be confident in yourself. You are doing a wonderful thing that will help you grow, learn new skills, and enable you to speak in front of audiences for the rest of your life.
- Get a good night's rest on the Friday night before Public Presentations. Make sure that you don't have to cram practicing time in... take this night to relax.
- Eat a good breakfast the morning of Public Presentations.
- Make sure that you arrive on time so that you can become accustomed to the surroundings. Talk to people when you arrive and make friends with other presenters. It is easier to present something when you have friends in the audience.
- Remember to listen to the judge and learn from this experience.



The last tip is the most important tip and can be applied to everything that you do in life, not just Public Presentations....

DO YOUR BEST! No one can ask you to do more than your best and as long as you do your best you can be very proud of yourself.

The 4-H Staff are proud of you too! Speaking in front of an audience is often people's worst fear. And you can do it! That is certainly something to be very proud of!





Cornell University
Cooperative Extension
Ulster County

10 Westbrook Lane
Kingston, NY 12401

RETURN SHEET

Use this form to register for any class/workshop offered in the Observer

RETURN TO: Cornell Cooperative Extension of Ulster County, 10 Westbrook Lane, Kingston, NY 12401

OR: Email to: jl64@cornell.edu

January 2008

Activity/Training	Date	Names of Attendees	Address	Phone #	Fee