



Cornell University
Cooperative Extension
Ulster County



County Observer

December 2008

Patti



MaryLou

From the 4-H Staff

Kristen



Jenny

Dona



Cornell University
Cooperative Extension
Ulster County

10 Westbrook Lane
 Kingston, NY 12401

4-H CLUB ORGANIZATIONAL LEADERS

- Ellen Hausmann & Jenny Burkins 4-H Animals and Company
- Cynthia Listort & Dawn Takacs..... 4-H Animals Around the World
- Lisa Marx4-H Cool Kids
- Patti Zellmer 4-H Super Sassy Thimblinas
- MaryLou Giuliano.....Coleman Cares 4-H Club
- Annie MardineyFeathered Friends
- Keith VanRoy
 Kingston High School Outdoors 4-H Club
- Sue & Tim Bruck.....The Musketeers 4-H Club
- Denise VanAken and Carol Fitzpatrick & John Fitzpatrick
Rondout Valley Country Kids
- Donna & Wayne Grimm and Allyson Nichols
- Saugerties Hareraisers
- Greg Walters..... Sharp Shooters
- Debra McCullough and JoAnne Ewald
-Shawangunk Ridge Equestrians
- Jenny Burkins, Carol Carboni, & Lori Halwick
- U.C. 4-H MuttMasters
- Jenny Burkins & Ben CampbellU.C. 4-H Teen Council
- Roberta Jackson & Carla Picayo.....
-Ulster Equistars & Pony People



Is your club or leader missing from the 2008-2009 club list? If so your Salmon Color sheet, your club charter or your Volunteer Application was not received as of November 20, 2008. As of December 1, 2008 you will no longer be considered a club/leader if your paperwork has not been received. Send in your paperwork ASAP!

**For more information please contact the
 4-H Staff
 845-340-3990**

The County Observer is the monthly publication for the 4-H Youth Development Program of Cornell Cooperative Extension of Ulster County. Cornell Cooperative Extension is the unique educational network linking Ulster County with resources from Cornell University and the USDA.

The mission of the 4-H Youth Development Program is to “help young people become self-directed, productive and contributing members of society.” Participation in the 4-H Program is open to all interested youth, regardless of race, color, sex, creed, national origin, or handicap. Youth ages 5-19 are invited to be 4-H members.

4-H Youth Development Staff Team

- Patricia Zellmer, Issue Leader
- Kristen Wilson, Resource Educator
- MaryLou Giuliano, After School Program Educator
- Dona Crawford, Event & Volunteer Coordinator
- Jennifer Burkins, Administrative Assistant

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**Cornell Cooperative Extension
of Ulster County 4-H Program**



2008-2009 4-H Dates and Events

December (2008)

- 3 CCE Annual Meeting, 6:30 SUNY Ulster Student Lounge
- 5 Make-It, Take-It, 6:30-8:30pm, Announce Capital Days
- 25-31 OFFICE CLOSED



January (2009)

- 1 OFFICE CLOSED—Happy New Year!
- 5 Strategy Committee, 5:00pm, CCE Education Center
- 5 Cattle PDC, 7:00pm, CCE Education Center
- 6 Nutrition & Gardening PDC, 5:30pm, CCE Education Center
- 12 Sheep & Goat PDC, 6:30pm
- 13 New 4-H Leader Training, 6:00-9:00pm, CCE Education Center
- 15 4-H Leader Share Fair, 6:30pm
- 19 OFFICE CLOSED—Martin Luther King Day
- 20 New 4-H Leader Training, 6:00-9:00pm, CCE Education Center
- 22 Snow Date—Share Fair
- 26 Horse PDC, 7:30pm, Plaza Diner
- 29 4-H Vet Science Series, 6:30-8:00 pm, SUNY Ulster

February (2009)

- 5, 12, 19, 26 4-H Vet Science Series, 6:30-8:00pm, SUNY Ulster
(Snow date is the following Wednesday)
- 6 Public Presentation Workshop, 6:00-8:00pm SUNY Ulster
- 16 OFFICE CLOSED—President's Day
- 24 Family & Consumer Science PDC, 5:00pm, CCE Education Center

March (2009)

- 1 Deadline for application for 4-H Horse Program
- 2 & 3 Capital Days
- 3 New Leader Training, Kingston Office, 6:00-9:00pm
- 5, 12, 19, 26 4-H Vet Science Series, 6:30-8:00pm, SUNY Ulster
(Snow date is the following Wednesday)
- 7 4-H Public Presentations, SUNY Ulster
- 10 Nutrition & Gardening PDC, 5:30pm, CCE Education Center

Club Chatter

A new 4-H year has begun and our club is off to a new start. At our first meeting we discussed some of our ideas for projects for the year. One of our projects will be in the area of baking so we got busy learning how to make apple oatmeal cookies. The cookies turned out moist and delicious. We all agreed the recipe was a good choice. Another of our projects this year will be in the area of personal relationships. We talked about bullying and discussed many different types including physical aggressions, verbal aggressions, intimidation and indirect bullying such as gossiping, embarrassing, setting up a person to look foolish and spreading rumors. Doing unto others as we would want others to do to us is a good rule to follow in stopping bullying.

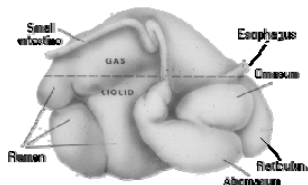
4-H Cool Kids

Teen Council met on November 12, 2008. We went over was old business from our last meeting and reviewed the newsletter. We discussed what was still needed for the gift jars that we are putting together for our community service project. We also discussed going to New York City to see Young Frankenstein on December 13th. Then we addressed post cards for the Cornell Cooperative Extension Annual Dinner.

U.C. 4-H Teen Council—Lorren Potter

On November 3 we met and listened to presentations on clipping, tendons and ligaments, braiding and how to do a public presentation. We reviewed Katelyn's lifetime portfolio.

Equestrians Unlimited—Cecilia Campala



At our November meetings we discussed our upcoming Christmas party and elected officers. Erica Bell did a chicken demonstration. We discussed the fair auction. We spoke with Firehouse officials regarding our monthly meeting.

Saugerties Hareraisers—Marissa Miller

At our November meeting we made Jam and finished working on our clay goat stomachs. The people who were finished began to practice their sewing by making gift bags without a pattern. We all began working on our entry tags and project records.

Animals and Company—Michelle Campbell

At the ABC meeting we went over old business. We worked on our goat stomachs, made Apple Jam and began paper work. We discussed up coming projects and making rice gift jars with the other 4-H groups for our community service project.

ABC 4-H—Lorren Potter



Jam Workshop

On November 22 ten youth joined leaders Joy Weis and Jenny Burkins to learn how to make Peach/Raspberry Jam. Pears were cut and peeled, Raspberries were mashed (this was the best part), ingredients were mixed and processed to make a finished product. Each youth went away with 2 jars of jam and the paperwork necessary to enter it in the 2009 U.C. Fair. They also took home a jar to eat.

Community Service

Patriotic Flag Pillow Project

Gift Baskets for those in need!

Ulster County 4-H MuttMasters and Ulster County 4-H Teen Council still need the following to make our gift baskets a success:.

Small frozen turkey or ham, Cocoa, Chocolate Chips, M&M's, minced onion, dried parsley flakes, tri-colored Spiral Pasta, long grain white rice, tri-color spiral pasta, yogurt raisins, raisins, Curry Powder, peanuts, Chex cereal, mini marshmallows, beef bouillon granules, oatmeal, white choc. chips, salt, craisins, and chicken bullion powder. Other non-perishable items can also be used to fill the baskets.

Items can be dropped off by December 9 at the 4-H Office in Kingston, Monday - Friday 8:30 - 5:00. If you have any questions, please call Jenny at 340-3990.

ABC 4-H club invites all other 4-H clubs to help us with our Flag pillow project. When our teen leader Courtney attended the STARR conference last April she came home with this project. A pillowcase is sewn in a mock up of the American Flag, a thank you note is written to a veteran and the finished product is mailed to Christina Flynn, founder and coordinator of the patriotic pillow project. Ms. Flynn then sends them to Veteran Hospitals all around the world. ABC 4-H has contacted Ms. Flynn and gotten permission to distribute the pillows ourselves at Castle Point VA Hospital. Courtney has contacted Gretchen Smith, from Castle Point, and set up a date to hand out our pillows. We are looking for clubs to help us sew the 80 pillows that will be required. We have already sewn 35. Each pillow and thank you note counts as 1 hour of community service. For directions contact Jenny at 340-3990. Thank you for your support.

Courtney and the ABC 4-H Club

Winter Regional 4-H Shooting Sports Workshop

February 20-22, 2009
Saratoga County 4-H Training Center, Ballston Spa, NY

This Regional Workshop will feature the following disciplines (based on a minimum enrollment of five participants) Air Pistol, Archery, Coordinator, Living History, Muzzle Loading, Rifle, Shotgun. Adults will be certified to teach the applicable discipline to youth participating in formal 4-H Shooting Sports Programs and in camp situations.

Registration fee is \$75 due on or before February 13, 2009

For complete information and a registration form contact Patti Zellmer at the 4-H Office, 340-3990 or psz2@cornell.edu.

2009 dates and events for the 4-H Shooting Sports Program.

January 24, 2009 Sportsman Education Workshop, Saratoga County

April 18, 2009 the 10th Annual NYS 4-H Shooting Sports Recognition Banquet & Auction.

4-H Public Presentation Training

4-H Public Presentation Training, Friday, February 6, 6:30-8:30 pm at SUNY Ulster, Hasbrouck Bldg, Room 208. At this informative workshop you will learn how to prepare for a 4-H Public Presentation! Topics that will be covered in the workshop include:

What is a...

- ...Demonstration?
- ...Illustrated Talk?
- ...Formal Speech?
- ...Recitation or Dramatic Interpretation



How do I pick a topic?
What do I do to present?
How do I set up my presentation?
Tips on making a good presentation.

Interested in Foods or Cooking Presentation? Preparing a cooking or foods Public Presentation involves a **very specific** set of guidelines. 4-H members interested and who pre-register may attend a special training. 4-Hers who want the food/cooking training **MUST** request the training on the Workshop registration form. All workshop registrations are due to the 4-H Office on or BEFORE **FRIDAY, January 30**.

4-H clubs that would like a personal visit/training on Public Presentations from an Educator/teen team, call the 4-H Office to make your reservation. Appointments will be scheduled between February 1 and February 28.

Ulster County Public Presentations will be held on Saturday, March 7, 9:00am-3:00pm at SUNY Ulster campus in Stone Ridge.

District Public Presentations will be held at Gander Mountain in Orange County on Friday, May 1, 2009

The Next 4-H New Leader Training

New 4-H Leader Training/Refresher for 4-H Organizational Leaders will be held at the Kingston Office on:

Thursday, January 13, 6:00-9:00pm, Part 1
Thursday, January 20, 6:00-9:00pm, Part 2

New Leader Training is a 6 hour commitment. Leaders must attend both sessions. There must be at least 4 people registered on or BEFORE January 7.

4-H Leader's Share Fair Party Save the DATE!

You asked for it...you got it!!!
Wednesday, January 15
6:30-8:30pm, Kingston Office

Have you seen all the **NEW** 4-H Project Books in the 4-H Source Book?!?! There are so many new and/or revised 4-H Project Books! The 4-H Office is going to give you a preview of these new 4-H Project Books! Vote for the Project Books you would like to see spotlighted on January 15. On-line check it out at <http://www.cerp.cornell.edu/4h> or www.4-hmall.org/curriculum.aspx. Email us your vote at jl64@cornell.edu. Your Choices:

Beef, Dairy Cattle, Dairy Goat, Horse, Meat Goat, Poultry, Rabbit, Veterinary Science, Entomology, Pre-flight, Electricity, Robotics, Small Engines, Geospatial, Woodworking, Eco-Wonders, Forestry, Fishing, Outdoor Adventures, Gardening, Science Discovery, Keeping Fit, Foods, Microwave magic, Exploring 4-H, Finance, Consumer Savvy & more.

We will start the night with 4-H Awards and Records—What are they? How do they work?

4-H Club Leader Reminders

Club Enrollment Report Forms

Don't forget that your club rosters are due to the office by December 1. These are the 4-part sheets on which you (hopefully) have been keeping attendance and tracking enrollment in your club. If you have any questions, contact Jenny.

Fundraising Policy

Many clubs hold fundraisers during the year for special projects or to reduce the costs of participating in activities. If you are planning a fundraiser you (the leader) need to complete a Request to Raise Funds form BEFORE your fundraiser—ideally thirty days ahead. We need this for several reasons. First, we occasionally get calls asking if a group that is fundraising for 4-H is a legitimate 4-H club. If we do not have your paperwork, we cannot answer that question. Second, sometimes the place where you plan to hold the fundraiser has a change of plans and contacts our office because they only remember that is a 4-H event, not which specific club is coming. Finally, there are a few fundraising activities that are prohibited by either the State 4-H program or by our insurance company. Some are obvious - no high stakes poker games or liquor sales, some are not - our insurance company bans the sale of handmade soap. By clearing your fundraiser with our office in advance, you eliminate possible problems later.

Room Reservation Policy

If you are holding or are planning to hold a club meeting or activity in a place that requires you to sign an agreement that holds you responsible for damages, even if they are not charging you anything to use the room, please be aware that you CANNOT sign this form. Only the Association Director, Lydia Reidy, has the authority to sign contracts/agreements for 4-H related activities. Please send the form, we need at least 30 days to complete the approval process so do not wait until the last minute. This is because our office is ultimately responsible for all 4-H clubs.



Leading the Way - 4-H Officer Training

4-H members from nine 4-H Clubs attended 4-H Officer Training on November 15. Three Leadership teams were formed to identify characteristics of a good leader. Each team built a leader. In the mock meeting club competition the #1 club was Feathered Friends. Stephanie Flynn represented The Musketeers in a one person "show". Other clubs present: Animals Around the World, 4-H Cool Kids, U.C. 4-H Teen Council, Animals and Company 4-H Club, ABC 4-H Club, Super Sassy Thimblinas and U.C. 4-H MuttMasters.



Congratulations 2008 4-H Achievement Night Participants!

Congratulations to all the 4-H Clubs, Members, Leaders and Award winners that attended the 2008 4-H Achievement Night on November 7! Leaders please pick up your club certificates!

Heart of 4-H

*Erica Bell
Katherine Byrne
Bethany Crescini
Nicole Demarest
Ashley Krieger
Adrianna Mason
Lori Potter
Caroline Snyder
Amy Stalzer
Leela Stalzer
Karissa Sullivan*

Making the Best Better

*Juliana DeArce
Caitlyn Krieger
Jessica Perez*

Above and Beyond

*Jessica Birch
Stefan Chichkov
Cody Cragolin
Ashley Curtis
Kelsey Grimm
Garrett Igoe
Leanna Igoe
Alex Nichols
Samantha Nichols
Courtney Weis
Shannon Wolfrum*



Above & Beyond Award Winners

Community Service

*ABC 4-H Club
Feathered Friends
The Musketeers
Samsonville Barnyard
Teen Council
U.C. 4-H MuttMasters
Ulster Equistars*



Community Service Award

Beacon Award

*Cody Cragolin
Joyce Sylvester*

Secretarial Awards

*Joyce Sylvester
U.C. 4-H Teen Council*

Career Explorations

*Jessica Perez
Courtney Weis*

Fabric Store Gift Certificate

*Juliana DeArce
Jessica Perez
Courtney Weis
Shannon Wolfrum*

County Medals

*Kelsey Grimm
Rabbit*

*Alex Nichols
Rabbit, Cooking*

*Samantha Nichols
Rabbit*

*Courtney Weis
Dog, Citizenship and Civic Education, Clothing & Textiles, Fashion Revue, Leadership, Public Presentation, Horticulture, Food & Nutrition*



U.C. 4-H MuttMasters

Specialist

*Kelsey Grimm
Rabbit*

*Courtney Weis
Dog, Community Service, Citizenship and Civic Education, Public Presentation*



Saugerties Hareraisers

4-H Veterinary Science 2009 Units 1 & 2

The 2009 4-H Vet Science Series is Scheduled!

All classes will be held on the SUNY Ulster Campus in Stone Ridge, Thursday evenings, 6:30-8:00pm.

Unit 1: The Normal Animal
January 29, first night, starts at 6:00pm
February 5, 12, 19 & 26

Unit 2, The Abnormal Animal
March 5, first night, starts at 6:00pm
March 12, 19, 26, & April 2

This is a VERY popular series. Spaces are limited, first come, first served WITH payment to CCE of Ulster County. Currently enrolled 4-H members cost: \$20/person. Non-enrolled 4-H members, \$30/person. This program will be open and advertised to the public in early January.



Teen Voice

Attention all teens! Your voice, your opinions and your ideas are important! 4-H is a “learn by doing” organization. Teenage youth are invited to be a part of the planning and development of the 4-H Youth educational programs in Ulster County.

Currently we need teen representatives on the Program Development Committees and the 4-H Strategy Committee. (See the following article for the listing of Committee possibilities.) Preparing youth to be leaders is an important part of 4-H Youth Development. Teens please complete the Membership Application form and return to the 4-H Office as soon as possible but BEFORE February 2008. Applications are available from the 4-H Office.

“Today’s youth are an investment in America’s future. They are tomorrow’s leaders. Youth, like adults, must deal with pressures of stress, blended families, peer pressure, unemployment, and other societal issues. The better prepared they become as decision makers with high respect for self and others, the less potential there will be for tension and conflict in building a stronger national and world community.”

Quote from the website: Cooperative State Research, Education, and Extension Service (CSREES) is an agency within the U.S. Department of Agriculture, part of the Executive Branch of the Federal Government. (<http://www.csrees.usda.gov/ProgViewOverview.cfm?prnum=6133>)

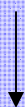
SOUTHEAST DISTRICT T-SHIRT DESIGN CONTEST



Calling all 4-H'ers... we're designing a T-shirt and we need your help! Show off your design skills and promote 4-H at the same time. All shirts must use one color and fit on an 8 ½ x 11 piece of paper. Finalists will receive a free t-shirt.

Finalists will be announced in April. Send designs to Rebecca Reed at rkr23@cornell.edu.

-or-



-or-



Cornell University
Cooperative Extension
Westchester County

26 Legion Drive, Valhalla, NY 10595
Phone: 914-285-4620 Fax: 914-285-4624
<http://counties.cce.cornell.edu/westchester/>

For questions or more information please contact:
Kristen Wilson
CCE of Ulster County
10 Westbrook Lane
Kingston, NY 12401
kew67@cornell.edu
845-340-3990

YOUR
DESIGN
HERE

Strategy and PDC—We want YOU...!!!

The Ulster County 4-H Program is looking for a few good men, women and teens! Currently the 4-H Strategy Committee and Program Development Committees are looking for new members. Committee Members are individuals who are interested in 4-H and want to make a difference in the lives of youth. For specific Membership Criteria see the following article. Application Forms are available from the 4-H Office. Complete the Membership Application Form and return to the 4-H Office as soon as possible but BEFORE February 1, 2009.

What kinds of Program Development Committees do we have in Ulster County?

Committee	Meeting Date
Auction	January 19, 2009
Cattle	January 5, 2009
Family & Consumer Science	February 24, 2009
Horse	January 26, 2009
Sheep & Goats	January 17, 2009
Small Animals	January 12, 2009
Nutrition & Gardening	January 6, 2009
	Snowdate, January 27

Program Development Committees meet about 4 times per year to plan and carry out the educational component of their interest. For most committees, preparation for evaluation at the Ulster County Fair is a major goal.

The Ulster County 4-H Geocoin is Out There!!!!

What's the 4-H Geocoin?

It's a cool coin with a 4-H clover on it.

It's trackable.

It has a mission!

The Ulster County 4-H Geocoin has a mission to travel around to five parks in Ulster County before Dutchess County moves their 4-H Geocoin around to five parks in their county. It began its mission in a geocache on GIS Day, November 19, 2008 at the Forsyth Nature Park in Kingston, NY. After a fantastic 4-H GPS Scavenger Hunt, participants found and "grabbed" the 4-H Geocoin, and they moved it to a new location in Ulster County. Want to know where it is now? Visit www.geocaching.com! Click on trackable items, and write Ulster County 4-H Geocoin in the box to search for a trackable item by name. To find a geocache or geocoin you will need a GPS unit. Help us get our coin moving! If you'd like to know more about GPSs and geocaching, contact Kristen at 340-3990 or kew67@cornell.edu. Chartered 4-H clubs in Ulster County can borrow GPS units from the office.

Ulster County Fair 2009

Tuesday, July 28 - Sunday August 2
Monday, July 27 - Static Exhibits

2009 Ulster County Fair Entry Deadline

Entries will be accepted only by
USPS or in person. NO FAXES

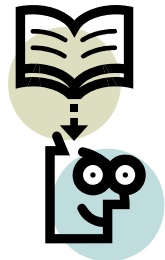
DUE: July 15, 2009

Would your club like an "Introduction to Fair"

Patti will visit your club. Make an
appointment with Jenny at
jlb64@cornell.edu or call 340-3990

Do you like Horses? Swedish fish?! Want to learn? Compete?

4-H Youth interested in learning more about horses and competing in Horse Bowl, Hippology and/or Horse Judging should come to our organizational meeting in December. For more information, contact Hannah at 845-657-3306 or hbbanana1@aol.com. Adult coaches are also needed!



Honor Secretaries

November

Cecilia Campala
Equestrians Unlimited

Marissa Miller
Saugerties Hareraiers

Lori Potter
ABC 4-H Club
U.C. 4-H Teen Council

Michelle Campbell
Animals & Company

Start Thinking About Fair Projects

These can be entered in both County and State Fair

Veggie Art!

Make something awesome from plants you've grown!



What's cool, funky, earth-friendly and shows off your creative talents? Veggie art! This year, we want to see veggie art displayed at the New York State Fair! It's a challenge, and we hope you rise to it!

Rather than offer elaborate "how-to's" that could stifle your imagination, we're going to simply provide you with some guidelines. We will be looking for:

- **Imaginative use of plants and plant materials.** How can you take advantage of the plant's shape and create something original from it?
- **Sculptural elements.** How might you manipulate a plant or group of plants into a living sculpture?
- **Neatness of assembly.** How does it hang together for the duration of the Fair without falling apart?
- **Number of plants used:** Are you making a display from one fantastic plant form, or using many to produce something unique?
- **Sturdiness:** How will you produce something to weather the 3-day time period? Consider plant materials that will best hold up through the evaluation period.



Photo credit: Jenny Eng, Mosspink.com, <http://www.mosspink.com/veggies.html>
Photo credit: Joost Elfers

How do we exhibit at the State Fair?
Simply exhibit in Class No. 19 under Horticulture

Watch for a veggie art workshop at this summer's day-long, hands-on living sculpture symposium, to be held on July 22, 2009!

Honey Bee Essay Contest

Topic: The Dance Language of Bees - Honey bees possess the ability to communicate the distance and direction of resources to their nest-mates. They employ a symbolic dance language in which the position of the sun is symbolically represented by gravity, and a trained observer can watch their dances and predict where they are foraging. This year's essay contest invites participants to learn about the honey bees dance language, how it was discovered, how it works and how it provides colonies the ability to find and exploit floral resources.

SOURCES: Karl von Frisch was awarded the Nobel Prize in 1973 for his work with insect communication. His classic text is **The Dance Language and Orientation of Bees** (1967) Harvard University Press. Not all scientists agree with von Frisch's findings. See **Anatomy of a Controversy: The Question of a "Language" Among Bees** (1990) by Adrian Wenner and Patrick Wells, Columbia University Press. The results of scout bees leading nest-mates back to a new food source can be demonstrated easily by a beekeeper.

Personal interviews with beekeepers and others familiar with bees and beekeeping activities are valued sources of information and should be documented. Sources which are not cited in the endnotes should be listed as "Resources" or "Bibliography" list.

ESSAY CONTEST RULES:

1. Contest is open to active 4-H members only. 4-H'ers who have previously placed first, second, or third at the National level are not eligible to re-enter.
2. Requirements (failure to meet any one disqualifies the essay) -
 - Preparation for National Judging: Typewritten or computer-generated, double-spaced, 12-pt. "Times" or similar type style, on one side of white paper following standard manuscript format.
 - Length - the essay proper: 750 to 1000 words. The word limit does not include the endnotes, the bibliography references or the essayist's biographical sketch.
 - Write on the designated subject only.
 - All factual statements must be referenced with bibliographical-style endnotes. A brief biographical sketch of the essayist, including date-of-birth, gender, complete mailing address, and telephone number, must accompany the essay.
3. Essays will be judged on a) scope of research - 40%; b) accuracy - 30%; c) creativity - 10%; d) conciseness - 10%; and e) logical development for the topic - 10%.
4. Essays must be received by January 1, 2009, at the Ulster County 4-H Office.
5. Judging and selection of the National Winner will be made by the Foundation's Essay Committee, whose decision is final.
6. Each state may submit only one (1) entry.
7. National Winner will be announced May 1, 2009.
8. All National entries become the property of the Foundation for the Preservation of Honey Bees, Inc, and may be published or used as it sees fit. No essay will be returned.

Looking for Solo Project Members

Are you a solo animal project member? Check out the list below. You are if:

1. You do 4-H animal projects and do not belong to a 4-H club that works with animals.
2. You do cattle, dog or horse projects and do not belong to a cattle, dog or horse 4-H club.

If you meet *either* category 1 or 2, then you are a solo animal project member and you need to do the following:

1. Call the 4-H Office and request a 4-H Learning Plan for each solo animal project you plan to do this year (rabbit, poultry, etc.).
2. Fill out your Learning Plans and return them to the 4-H Office **no later than April 1**. The appropriate 4-H Educator or Program Development Committee will review your forms and make suggestions on educational content, events to attend, etc.
3. Your form will be returned with comments, so you can use it throughout the project year. At the end of the year, turn it back in with your project record **no later than October 15**.

Questions? Call Jenny at 340-3990



The County Observer

The 4-H newsletter, the County Observer is sent to 4-H families and friends on a monthly basis. Our goal is that the newsletter be available to read the first week of the month. It has come to our attention that MANY 4-H families are not receiving the County Observer. We can suggest these options.

1. View the County Observer online at school, a friends house, or the public library at counties.cce.cornell.edu/ulster
2. Have a friend download a copy for you.
3. For \$10/year you can receive a hard copy of the County Observer. Please note, this will be a black and white "copy" of the electronic newsletter.

Leaders - Please make sure all your members are receiving the newsletter

Join us for our 2009 January Clothing and Textile Workshops! To register for a workshop fill out the form at the end of the Observer, and send it to the 4-H office with payment if required. All workshops are first come, first serve.

4-H Zipper Workshop

When: January 10, 2009, 3:00 pm- 5:00 pm

Where: Old Dutch Church, 272 Wall St., Kingston, NY

Who: Ages 10 and up. Limited to 10 participants. The workshop is suited for 4-H leaders who teach sewing and teens wanting to improve zipper insertions skills.



This workshop, taught by Venona Berglund, a member of our 4-H FCSPDC and sewer extraordinaire, will include demonstrations of various zipper applications suited to different styles of garments. Venona will cover 1) lap zipper insertion for a skirt or dress, 2) exposed center zipper insertion for fleece jackets, 3) invisible zipper insertion for formals or any garment. Invisible zippers are found on many ready-made garments in many areas, even on pockets. Sample garments that Venona has made will be available as well as samples in a notebook of techniques taught. Venona will show the technique of applying completely machine sewn neck facing for a beautiful finish. There is no cost.

4-H Sew-A-Jam 2009

When: January 24, 2009, 9:30 am – 3:30 pm

Where: Cornell Cooperative Extension Office, 10 Westbrook Lane, Kingston, NY

Who: Ages 4th grade and up. Limited to 8 participants.

Snow Date: January 31, 2009. The workshop will take place during the same hours but at a different location. Old Dutch Church, 272 Wall St. Kingston, NY.

Learn to sew! The 4-H Program is offering this workshop for new sewers. In one day, participants will complete a pair of pajama bottoms from start to finish. The project is suitable for both boys and girls! The workshop costs **\$5** for 4-H members and **\$10** for non-4-H youth. Participants will need to provide their own thread, fabric, notions, and lunch. Instructions will be provided when you register. If you have your own sewing machine, please let us know and bring it with you.

4-H Purchased Clothing Workshop

When: January 26, 2009, 5:00 pm – 7:00 pm

Where: Meet at the Food Court in the Hudson Valley Mall. Look for the 4-H Clover, and be on time because the group will quickly move to different stores.

Who: Ages 10 and up. Limited to 10 youth. Youth must come with a chaperone as the instructor will not be able to chaperone and teach.

Snow Date: February 2, same time, same place.

This workshop is especially suited for 4-H youth who do not sew, but would like to be involved in the 4-H Clothing and Textile Arts Revue in May 2009. Sewers are welcome too. The workshop will wet your appetite for the 4-H Purchased Clothing Project. (See the November 2008 Observer for more information about this project.) Participants will learn about how to complete the project, and then get some hands-on training in fashion and clothing purchase from the instructor, Venona Berglund. You'll go shopping with an eye for quality, fabrics, color, mixing and matching, and creating a complete outfit. No purchase is necessary, but you'll have fun creating some wardrobe ideas, and the workshop is free.



Cornell University
Cooperative Extension
Ulster County

10 Westbrook Lane
Kingston, NY 12401

RETURN SHEET

Use this form to register for any class/workshop offered in the Observer

RETURN TO: Cornell Cooperative Extension of Ulster County, 10 Westbrook Lane, Kingston, NY 12401
OR: Email to: jl64@cornell.edu

December 2008

Activity/Training	Date	Names of Attendees	Address	Phone #	Fee