

ULSTER COUNTY 4-H



GOAL SETTING & AWARD PROGRAM

MEMBER RECOGNITION GUIDE
2009 Revision

ULSTER COUNTY 4-H CLUB PROGRAM

MEMBER RECOGNITION GUIDE

Goals & Definitions

Goals:

- Provide clear and consistent guidelines for member recognition
- Allow the Ulster County 4-H Club Program to provide recognition to all deserving members
- Provide recognition for overall goal-setting as well as subject-specific goal-setting

Definitions:

4-H Project: A planned *series* of learning experiences or activities that culminates in an end product. The project will help youth develop skills, knowledge, character and reflect the *learn by doing* philosophy. The *best practice* recommendation from USDA is six hours of programming to count as a Project.

Project Record: Obtain recordkeeping worksheets from the 4-H Office or 4-H Leader. A project-specific project record must be used when available; otherwise, a General Project Record or 4-H Learning Plan may be used.

Project Story: A summary of what you did and learned in your 4-H project in the current year. A project story can be a written paragraph, a photoessay with captions, a paragraph dictated to an adult, an audio, or video cassette.

4-H Educational Event: Workshops and project offerings that provide at least one hour of added and unique educational experience beyond 4-H Club work. Examples include:

- Award Trips
- Officer's Training
- Animal Bowl Contests
- Sewing Workshops
- Showmanship Clinics
- Public Presentation Workshop
- Clothing Revue
- New Vue of You
- Animal Judging Contests
- Regional 4-H Events
- Any Educational Workshop Related to Your Project(s) (can be outside of 4-H)

4-H and other Evaluation Events: County, District and State 4-H Events in which the 4-H Member's project(s) are evaluated. Examples include: County Fair, State Fair, Public Presentations, Clothing Revue, or any Evaluation Event related to your Project(s) (can be outside of 4-H)

4-H Community Service: Providing assistance that benefits someone outside of the member's family. (Note: Parades are not considered community service. They are public awareness.) The service is a documented 4-H Activity. 4-H members are encouraged to wear the 4-H clover while serving.

4-H Leadership and Service Activities: Providing direction and guidance for 4-H programs or other members. Some examples include:

- Teen Evaluator at an Educational Event
- Teen Assistant at an Educational Event
- Club Officer
- Leading a project within your 4-H club or another 4-H club
- Assisting a project leader within your 4-H club
- Serving on a Cooperative Extension Committee
- Present what they propose doing beforehand and what they have accomplished afterwards to the appropriate Program Development Committee.
- Develop a program or resource that will continue to be used in the future.
- Plan, promote, and evaluate a countywide Community Service project for all 4-H clubs.
- Act as an instructor/educator at 4-H or other community events (Bunny Basics, Sew-A-Vest, etc.).

*4-H... More Than You
Ever Imagined.*



GENERAL GOAL-SETTING

All records MUST be completed by the 4-H Member

Cloverbuds (5-8 Year Olds)

A different certificate will be provided each year that a member completes a Cloverbud Program Record (available from the 4-H Office).

8-11 Year Olds

Will receive a **Heart of 4-H** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 1 Project Record, including Project Story (Species specific for animals)
- 5 hours of Community Service
- 2 Educational Events

Will receive a **Making the Best Better** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 2 Educational Events
- 1 Evaluation Event

Will receive an **Above and Beyond** certificate and **Achievement** medal when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 1 Evaluation Event

All records MUST be completed by the 4-H Member

12-15 Year Olds

Will receive a **Heart of 4-H** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 2 Project Records, including 1 Project Story (Species specific for animals)
- 5 hours of Community Service
- 3 Educational Events
- 1 Leadership Activity

Will receive a **Making the Best Better** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Project Records, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 2 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 2 Leadership Activities
- 1 Evaluation Event

Will receive an **Above and Beyond** certificate and an **Achievement** medal when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Project Records, including 2 Project Stories (Species specific for animals)
- 15 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 3 Leadership Activities (with at least 1 being the primary leader of a club project)
- Promote their 4-H Club within their community (at community events, fairs, festivals, etc.).
- 2 Evaluation Events

All records MUST be completed by the 4-H Member

16-19 Year Olds

Will receive a **Heart of 4-H** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Projects, including 1 Project Story (Species specific for animals)
- 10 hours of Community Service
- 3 Educational Events
- 1 Public Presentation, Club or County (in addition to 3 Educational Events)
- 2 Leadership Activities

Will receive a **Making the Best Better** certificate when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Projects, including 1 Project Story (Species specific for animals)
- 15 hours of Community Service
- 3 Educational Events
- 2 Public Presentations; Club, County, and/or District (in addition to 3 Educational Events)
- 3 Leadership Activities (with at least 1 where they are primary leader of a club project).
- 2 Evaluation Events

Will receive an **Above and Beyond** certificate and **Achievement** medal when they complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 Project Records, including 2 Project Stories (Species specific for animals)
- 20 hours of Community Service
- 4 Educational Events
- 2 Public Presentations; Club, County, and/or District (in addition to 4 Educational Events)
- 4 Leadership Activities (with at least 1 where they are primary leader of a club project).
- 3 Evaluation Events

*4-H... More Than You
Ever Imagined.*



SPECIALIST

**COUNTY RECOGNITION
MEDAL**

SPECIALIST

Members completing the following requirements for a particular subject area will receive a framed certificate.

Members applying for 1st year specialist level in a particular subject area will complete/participate in:

- Updated 4-H Lifetime Portfolio
- 3 years worth of **subject-specific** (if available) project records in their specialty, including at least 2 project stories
- At least 1 Public Presentation per year (County or Club) in their specialty for the last 3 years
- At least 6 specialty-related educational events in the last 3 years
- 4 Leadership Activities in their specialty in the last 3 years.
- At least 2 Leadership Activities where they lead a project (planned *series* of learning experiences or activities) in their specialty for a 4-H club or event in the last 3 years

Members who have achieved specialist-level can reapply for specialist status each year by completing/participating in:

- Updated 4-H Lifetime Portfolio
- 1 Additional Subject-Specific (if available) Project Record, including project story
- 1 Additional Public Presentation on their specialty
- 1 Additional Leadership Activity where they lead a 4-H Project (*series* of planned learning experiences or activities) in their specialty with another 4-H club or organization
- At least 3 specialty-related educational events
- Complete 2 other Leadership Activities in their specialty
- Complete either of the following Leadership Activities:
 - Present what they propose to do beforehand and what they have accomplished afterwards to the appropriate Program Development Committee.
 - Develop an educational resource that will continue to be used in the future.

Please Note:

Age will be based on January 1 of the Project Year.

Projects, Educational Events, and Leadership Projects must be new every year.

The Cooperative Extension Staff will work with members, parents, and leaders to individualize requirements to take into consideration a member's financial, physical, geographic, and intellectual limitations; religious beliefs; the time requirement associated with certain projects, etc. A member, or when appropriate their parent or leader, must explain why they wish to vary any award requirement and receive approval from an Extension Educator **beforehand**.

County Recognition Medal Awards

The purpose of this award is to recognize Mastery and outstanding work. County Recognition Medals support the belief that recognition affirms positive learning behaviors in youth. The selection of medals will be chosen from the National 4-H Source Book.

- Member must have participated in the subject area for a minimum of THREE (3) years. Participation is defined as successfully completing at least one project in the subject area each year.
- Member must submit an Award Application to the 4-H Office on or before October 15.
- Member must submit their Lifetime Portfolio OR Project Record Documentation
- Members may receive this award more than once.
- Member must have Leader/Educator approval by signature

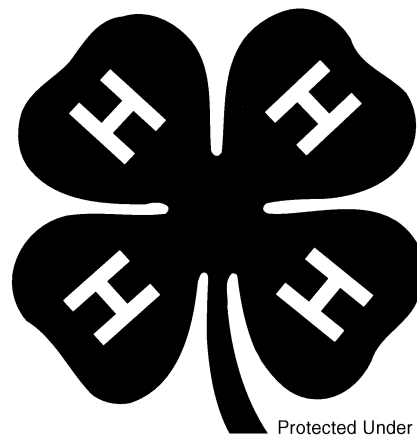
ONLY OUTSTANDING APPLICATIONS WILL RECEIVE THIS AWARD. THE SELECTION COMMITTEE WILL DETERMINE THE AWARDS GIVEN PER CATEGORY. ALL, SOME OR NONE OF THE COUNTY MEDALS MAY BE GIVEN.

Considerations for the County Recognition Medal Award(s)

- a. Lifetime Portfolio
- b. Public Presentations given in the subject area
- c. Related service projects (in or out of 4-H)
- d. Content of My 4-H Story
- e. Leadership shown in subject area
- f. Exhibiting projects in the subject area
- g. Participation in programs to increase the member's proficiency or knowledge in the subject.

County Recognition Medals (These are examples, see full listing on the back of this page.)

Clothing and Textiles
Community Service
Dogs
Dairy
Environmental Stewardship
Food and Nutrition
Gardening and Horticulture
Goats
Healthy Lifestyles
Hobbies and Collections
Horse
Rabbits
Pets
Poultry
Shooting Sports
Veterinary Science
Wood Science



Protected Under
18 U.S.C. 707

Plants & Animals

Agriculture
Aquaculture
Beef
Poultry
Cats
Cavy
Dogs
Dairy
Goats
Horse
Llama
Rabbits
Sheep
Pets
Swine
Gardening & Horticulture

Communication Arts

Public Speaking
Reporting Media
Performing Arts
Visual Arts
Photography & Video

Science and Technology

Biological Sciences
Entomology & Bees
Plant Science
Veterinary Science
Technology & Engineering
Aerospace
Computer Technology
Electricity
Engines, Tractors & Field Equipment
Wood Science
Industrial Arts
Physical Science

Activities

Community Service
Demonstration
Fashion Revue
Judging

Personal Development

Hobbies & Collections
Leadership
Personal Development
Achievement
Lamp of Knowledge

Environmental Stewardship

Forestry
Wildlife & Fisheries
Outdoor Education & Recreation
Shooting Sports

Consumer and Family Sciences

Consumer and Family Sciences
Child Care and Development
Clothing and Textiles
Consumer Education
Home Environment
Family Life

Healthy Lifestyles

Food and Nutrition
Healthy Lifestyles
Safety
Bicycle

Citizenship

Citizenship and Civic Education