

## FAMILY & CONSUMER SCIENCE SECTION – SB

Judging: Monday, 2:30 – 7:00 p.m.  
Premiums: Classes: SBA, SBB, SBC, SBD, & SBE; Blue – 6 units; Red – 4 units; White 2 units

- **Entries for Classes SBA-7, SBB-18 and SBE-U2 should be made on the Official Fair Entry Form in the name of the Club, with Leader’s address. All premiums to be paid to the club.**

### HOME ENVIRONMENT – SBA

- No more than 3 entries per class permitted.
- Be aware that entries selected for State Fair may be limited to one entry per class.

### FURNITURE

- On Your Project Summary please include: (a) History of article (b) Method of refinishing and/or finishing (c) Products used and (d) Where the finished item will be used.

#### CLASS NUMBER

- |       |   |
|-------|---|
| SBA-1 | A piece of furniture with a painted/natural finish such as: chair, table, chest, bookcase, etc. that is new and/or unfinished, refinished, or constructed by exhibitor.   |
| SBA-2 | Wooden accessory item with painted or natural finish such as a shelf, magazine rack, picture frame, wooden bowl, etc. Emphasis in this class is the restoration and not the actual construction of the exhibit. |
| SBA-3 | A chair or stool with new seating. The frame may be new, unfinished, restored, refinished by exhibitor. May have a painted or natural finish. Seat may be upholstered, caned, etc.                              |
| SBA-4 | Chair seat. Items as in previous class except that only the seating will be evaluated..   |

### FABRIC FURNISHINGS

- For Classes SBA-5 - SBA-7: Attached to yellow Project Record Summary please include: (a) Where or how item is used (b) Materials used (c) Construction process and/or products used (d) Color scheme (e) Source of ideas (f) Fabric content and care for items like quilt, tablecloth, pillow, etc.
- |       |   |
|-------|---|
| SBA-5 | Major items of fabric furnishings such as: quilt, bedspread, coverlet, dust ruffle, curtains, draperies, etc.   |
| SBA-6 | Fabric accessories such as pillow, wall hanging, windsock, placemats, napkins, tablecloth, macramé and needlework items including needlepoint, bargello, counted cross stitch, latchhooking, crewel embroidery, candlewicking, knitting and crocheting. |
| SBA-7 | A group or club project such as quilt, wall hanging, etc.   |
| SBA-8 | Embellished furnishing items such as placemats and lampshades that have been changed by adding fabric, painted design or other embellishments.  |

## ACCESSORY ITEMS

- Includes holiday and seasonal decorations.
  - Objects whose ultimate use is to hang on the wall must have mountings on them and be ready for hanging. Any item not ready to hang will be marked down 1 ribbon placing.
  - The use of a pattern or kit is permitted but exhibitor is encouraged to be creative and to make his/her own design and color selections whenever appropriate. Will be judged on craftsmanship, technique and learning. Please mark county entry tag clearly "KIT".
- SBA-9 Home Storage: laundry bags, shoe bags, locker caddies, travel storage, cardboard storage units, etc.
- SBA-10 Room Accessories: bulletin board, fabric décor, lampshade, picture frame (may be non-sewn items).
- SBA-11 Table Setting Exhibit in which an entry should include table setting for at least 2 people, menu, short story about the specific occasion the setting is for, table cloth, placemats, napkins (may be artfully displayed/folded) centerpiece and table decoration as appropriate to complete the table setting. Exhibits should be displayed on a small table such as a card table (provided by exhibitor).
- SBA-12 **HOME ENVIRONMENT OPEN CLASS**  
Class is an option for home environment exhibits that fall outside the categories described above.

## FINE ARTS & CRAFTS – SBB

- Emphasis is on the creative process, the employment of design elements and principles, and workmanship. *The creative process is defined as giving form and personal expression to an art object through exploration and experimentation with materials, tools, and/or practiced skill.*
- **NO KITS, PREFORMS, PATTERNS, PRECUTS ARE PERMITTED.** Creativity is an aspect of all Art Object classes.
- Articles made as a school project are **not acceptable**.
- Objects whose ultimate use is to hang on the wall must be ready for hanging. Any item not ready to hang will be marked down one ribbon placing.
- Entries must be neat, clean and show good workmanship. Drawings, paintings, cartoons, designs, printing and posters must be mounted on mat board and covered with plastic
- NO glass, plexi-glass is acceptable. Any item under glass will be marked down one ribbon placing.
- **No more that six total entries per exhibitor.**
- Holiday Craft Activities are in Section SBC – Crafts Activities.

## FINE ART (NO KITS)

- Paintings, Drawing, Graphics/Prints, Sculpture - A personal and creative statement or interpretation about people, events or things from past to present. Any style of expression appropriately displayed. Signed, stretched, **matted or framed and ready to hang.** **NO KITS.**
  - All artwork designed to be hung on a wall, **MUST BE ON SECURED HANGERS.** **If hangers are not securely fastened to the exhibit, the exhibit will not be displayed.** Taped on hooks are not considered secure. If using glue hook should be applied by glue gun. Small, delicate, fragile items, should be displayed in a display box.
- SBB-1 **DRAWING** - Expressive work in any of the following media: pencil, charcoal pencil, felt tip pen, stick charcoal, crayon, colored chalk or pastel, brush and ink.
- SBB-2 **PAINTING** - Expressive work in any of the following media: oil, watercolor, acrylics or mixed media, i.e. watercolor and ink, acrylic and chalk, acrylic and collage, etc.

SBB-3 **GRAPHICS/PRINTS** - Any printing process that duplicates one or more identical images, linoleum, wood cut, stencil, silkscreen, etching, "found" objects making an inked imprint. Designs and printing tools should express ideas of, and be made by exhibitor.  
i.e. Border designs, stripes, panels; all over repeats or free open designs.

SBB-4 **SCULPTURE** – Materials may be wood, stone, clay, original cast plaster, paper-mache, metal (sheet or wire), fibers, fabric or fiberglass or a combination of these. Processes: carved, modeled, fired, soldered, glued, molded, laminated, nailed, sewn, etc.  
EXAMPLE: Soft Sculpture, fabricated metals, carved wood, stone, etc.

## CRAFTS (NO KITS)

- Crafts objects are an individual interpretation and expression using material, process and/or skill for utility, functional or decorative purposes. Designs and color charts should be included with each item. **NO KITS.**

SBB-5 **CERAMICS, POTTERY** - Objects of clay, fired and/or glazed, hand built wheel thrown, cast from original mold. No pre-forms permitted.  
i.e. Bowls, pots, vases, cups, plates, mugs. For ceramic sculpture, see SBB-4 - "Sculpture".

SBB-6 **HOBBY CERAMICS** – Any form cast from a commercial mold or pre-form.

SBB-7 **FIBER, FABRIC** - Original design objects of two or three dimensions of fibers and/or fabrics used singly or in combination, employing any of the following techniques: weaving, knotting, needle arts, string art, etc.  
i.e. Puppets, pictures, wall hangings, lamp shades, pillows, banners. For soft sculpture, see SBB-4 "Sculpture".

SBB-8 **LEATHER** - Objects can be tooled, carved, molded, stamped, laced, stitched or riveted; be combined with other materials.  
EXAMPLE: Pictures, chaps, bookmarks, book covers, belts, purses, gun covers, apparel, jewelry, saddle bags, etc.

SBB-9 **METAL** - Jewelry and objects of metal(s) used singly or in combination with other materials such as other metals, plastic, wood, ground stones, bone, enamel. Objects can be made by the following processes: etched, engraved, tooled or molded.  
EXAMPLE: Boxes, candle holders, jewelry, vases, pictures.

SBB-10 **MOSAICS** - Two or three dimensional objects using clay tile, glass, stone, natural and found materials.  
EXAMPLE: Trays, table tops, plaques, etc.

SBB-11 **GLASSWORKS** – Etched and stained glass.

SBB-12 **TIE-DYEING/BATIK** - Processes: tie-dyeing, utilize knotting and folding techniques and 2 or more colors. Processes: batik, utilize the immersion or outline fill in techniques of wax resist with 2 or more colors. No fabric paints or scribbles.  
EXAMPLE: Apparel, pictures, wall hanging, accessories, etc.

SBB-13 **WOOD AND/OR PAPER** - Processes: carving, gluing, inlay, cutting, tearing, and layering.  
EXAMPLE: Games, toys, puzzles, boxes, candle holders, masks, collages, models. For wood sculpture, see SBB-4 "Sculpture".

SBB-14 **JEWELRY** – Items made from purchased materials or hand made materials Ex. Glass blowing, clay formation, paper formation beads, etc., may include designs from pattern books, bead loom, crochet, etc. **NO KITS, NO PONY BEADS.**

## HERITAGE ART, CRAFTS AND DOCUMENTATION

- Emphasis in the heritage art, crafts and documentation is on personal growth and knowledge through learning about a cultural heritage. It is based on research of traditional designs, methods and materials as well as learning the necessary skills. NO KITS
  - Classes 14, 15, 16, emphasize authentic use of traditional design and materials and/or documentation of history, folk art or material culture.
- SBB-15 **HERITAGE ART AND CRAFTS** - Traditional objects using materials, methods and/or decoration based on a continuation of ethnic art or handed down from one generation to another.  
i.e.: Hand spun wool or fur objects, soap, cordage, dolls, cured and tanned leather objects, natural dyed objects, tin ware, wood toys and games, stenciled wood and tin ware, natural clay pottery, traditional embroidery and quilted objects, splint or natural reed basketry, ethnic art objects.
- SBB-16 **PROCESSED NATURAL FIBERS** - Natural fibers processed for use.  
i.e.: Hand spun wool, natural dyed yarns, rawhide.
- SBB-17 **HERITAGE DOCUMENTATION** - Documentation of family or community history, buildings, methods of processing and/or use.  
i.e.: Genealogy charts, architectural drawing and legends, collections of traditional objects and legends, herb exhibit and charts, natural dye exhibit and charts.  
**NOTE:** Photographic documentation is in photography classes.
- SBB-18 **FINE ARTS & CRAFTS OPEN CLASS** - Class is an option for exhibits that fall outside the categories described above.

## CRAFTS ACTIVITIES – SBC KITS ALLOWED

ULSTER COUNTY ONLY, NOT ELIGIBLE FOR STATE FAIR

- Limit – 3 entries per class
- Entries in this section are only for 4-H project exhibits that do not fit into Home Economics, Section SB classes.
- Entries in this category are **NOT ELIGIBLE FOR STATE FAIR JUDGING**. Classes with a "U" in the number are **Ulster County Only and not eligible for State Fair. (example SC-U4)**
- Arts and crafts provide an excellent opportunity to explore creativity and find fun leisure time activities. Exhibits should reflect age of the member and the number of years enrolled in the project.
- Kits must be indicated on the entry tag. No actual work on the project may have already been completed in the purchased kit. Originality and creativity are encouraged.
- Exhibits must be cleaned, properly labeled, and labels must be attached securely.
- A hanger must be included on any article intended for hanging.
- Exhibits must be attractively displayed in a box and covered with plastic.

### CLASS NUMBER

- SBC-U1 **CREATIVE CRAFT ITEM** - Any craft item that has been completed in the past year in any of the following areas: Crochet, Latch hook, Macramé, Embroidery, Crewel Embroidery, Needlepoint, Weaving, Knitting or Glue Solutions. Visit the 4-H office for project guides and other creative ideas.
- SBC-U2 **HOLIDAY CRAFTS** - Article made from October to December of the previous holiday season using at least 3 different techniques in construction: 3 different tree ornaments or 3 different greeting cards and favors for the family, club event or decoration of artificial material.
- SBC-U3 **TWO DIFFERENT CANDLES** - (using different methods)

- SBC-U4 **HOLIDAY CRAFTS** - distinctly different from items entered in Class SBC-U2 (Thanksgiving, Easter, Valentine's Day, etc.).
- SBC-U5 **FUN ACTIVITY EXHIBIT** - Any grouping of 5 articles using 5 different techniques in construction. i.e.: lapel pins, kitchen magnets, barrettes, pom poms, pipe cleaners. Must be exhibited in a box, or on a plastic meat tray, items securely fastened and covered with plastic wrap. 3x5 card must list 3 learning experiences, and purpose in making these articles.
- SBC-U6 **OTHER CRAFT** - Craft distinctly different from other items above. Must be a craft that involves techniques and time appropriate to age and skill of exhibitor.

## **CHILD DEVELOPMENT/CARE – SBD**

- Exhibits should illustrate the exhibitor's understanding of the growth, development, and abilities of children and how specific toys, games or activities promote growth and development at different phases of child development. Emphasis is on safety and how the child will interact with the toy or game. The most important aspect for this category is process not product. What the exhibitor has learned about children in preparing this exhibit is of prime importance.
  - Please attach to yellow Project Record Summary a sheet describing: What learning experiences will a young child gain from use of this game or toy and what age child it is suitable for.
- SBD-1 **CREATIVE TOY, GAME OR STORYBOOK** - A homemade toy, book, game or activity to be used with children. Include age of child intended to use article and what the child will learn from article.
- SBD-2 **KIT** - A "babysitter's kit" including games, toys, and safety materials needed while caring for a baby, toddler or preschooler. Include explanation of planned use of articles in kit. Designate if kit is designed for baby, toddler or preschooler.
- SBD-3 **CHILD DEVELOPMENT/CARE OPEN CLASS** - class is an option for exhibits that fall outside the categories described above. Suggestion: A published book with a description by the exhibitor of how this book should be used in caring for a toddler or preschooler.

## **CONSUMER ECONOMICS EDUCATION – SBE**

- Exhibits in the following classes should reflect the youth's understanding of one or more consumer economics concepts. Topics related to (1) consumer understanding of and interaction in the marketplace AND (2) management of personal resources - money, time, energy and skills - are included. These topics are covered in the 4-H Teen Consumer Education Program, "IT ALL ADDS UP," which provides the basis for exhibit themes and judging criteria. Entries can be based upon other project areas but will be judged on consumer economics criteria as indicated. Judging is based on: purpose or principle idea, effectiveness in illustrating ideas, accuracy of information, appearance and organization.
- SBE-U1 **POSTER SERIES OR THREE DIMENSIONAL EXHIBIT** – (at least 14" x 22") on any aspect of consumer economics. Topic illustrated should be: 1) chosen from a consumer economics program activity, 2) convey consumer information on the topic to the fair visitor, 3) employ one or more exhibit techniques: models, samples, poster series (2 or more), photos (mounted on sturdy cardboard and large enough to be seen). Signs or labels may be necessary to explain the exhibit. The exhibit should be limited to card table size. Table space will be provided.
- Topics which may be illustrated include, but are not limited to: a collection of consumer information labels, packages and hang tags designed by the exhibitor; models or replicas of several brands for forms of a consumer product which illustrate design and other product feature differences; replicas of product testing results experienced in the "Be Aware and Compare" activity unit such as

shampoo foaming and cleaning, pH levels, etc.; a sample/replica of a defective product and a description/illustration of ways to obtain satisfaction; a display of models/replicas of consumer products available by mail order purchase and an outline of consumer rights and responsibilities in mail order purchases.

SBE-U2 **CLUB** - Same as SBE-1 above but describing a club's efforts in consumer economics. Photos are especially encouraged.

SBE-U3 **CONSUMER ECONOMICS OPEN CLASS** – Class is an option for exhibits that fall outside the categories described above.

## CLOTHING & TEXTILES – SBF

Judging: Monday, 2:30 p.m. – 7:00 p.m.  
Premiums: Blue – 6 units; Red – 4 units; White – 2 units.

- Limit of 7 entries per exhibitor. Each entry should be a distinctly different garment. Clothing Revue entries are not included in the 7 entries.
- Outfits are to be exhibited as one entry.
- Articles made during class time in school may not be exhibited at the Fair.
- **All garments must be on hangers. Garments should be clean and pressed.**
- **Entry tag must be fastened securely to the top of garment (neckline). NOT TO THE HANGER.**
- **ALL Items must have been sewn, constructed, renovated, or embellished by the exhibitor.**
- Items considered "Purchased Garment" must be purchased by exhibitor and the accompanying notebook must be written and compiled by the exhibitor.
- In addition to the exhibitor entry tag, **a clothing project record must accompany all clothing & textile exhibits.** Contact the 4-H office for more information.
- Any entry without the project record will be marked down one placing.
- Clothing entries must be in a class commensurate with the age and experience of members.
- State Fair Clothing Revue Representatives must bring your garment to the Ulster County Fair and participate in the modeling in order to go to the State Fair Clothing Revue.

### CLASS NO.

SBF-1 **BEGINNING CLOTHING** - garment which HAS NOT been previously judged. (If judged at Clothing Revue, enter in Class SBF-5).

- Garment constructed by 1st, 2nd or 3rd year clothing member.
- Simple garment...no waistband, no zipper closure, no collar, no set-in sleeves.  
i.e.: apron, poncho, vest, shorts, blouse, simple shift, skirt, pants-skirt, etc...
- Skills may include seams, pressing, casing for elastic, facing, hems, raglan and dolman sleeves, straps or belt loops, gathering, waistband, darts, zipper and buttons.

SBF-2 **INTERMEDIATE CLOTHING** - garment/outfit which HAS NOT been judged. (If judged at Clothing Revue, enter in Class SBF-6).

- Garment and/or outfit constructed by 3rd, 4th, 5th or 6th year clothing member which helps to master one or more learning experiences: EXAMPLES: two-piece outfit; skirt and vest; blouse and skirt, or simple unlined jacket or pants suits, dress, lounging outfits.
- Skills may include gathering, collar, set-in sleeves, plackets and cuffs, zipper, pockets, pleats, plaids, snaps, hook/eye, machine buttonholes.

SBF-3 **ADVANCED CLOTHING** - garment/outfit which HAS NOT been judged. (If judged at Clothing Revue, enter in Class SBF-7).

- Garment/outfit constructed by an accomplished seamstress or tailor with 5 or more years as a 4-H clothing member and at least 14 years of age.
- Garment/outfit should be complex enough to show the advanced skill and experience of the member. i.e. tailored pants with fly and set-in pockets; detailed skirt and blouse; dress, lined coat, suit, bathing suit, night-gown and robe; formal dress; suede or leather coat or ensemble, etc.
- Skills may include specialty fabrics, plaids and stripes, lining, bound buttonholes, welt pockets, tailoring.

- SBF-4 **PURCHASED CLOTHING** - garment/outfit which HAS NOT been previously judged. (If judged at Clothing Revue, enter in Class SBF-8.)
- Entries in this class should **demonstrate progress in the 4-H Purchased Clothing Project Clothing Decisions: A Style of Your Own** and reflect wise consumer decision-making. Garments or outfit must be accompanied by an 8½ by 11” information notebook which **includes the entrant’s age-appropriate Youth Activity Guide Discovering Choice (grades 6-8) and Managing Choice (grades 9-12) or the completed activities from the guides. The notebook must also** include the following (1) color photo of entrant wearing garment or outfit - label photo with name, county and color of complexion, hair and eyes; (2) cost of garment - include price tags or information, itemized comparison of cost to make garment - consider cost of fabric, notions, pattern, labor, etc. (3) story that describes: a) why garment was purchased; b) how it fits into wardrobe; c) fabric structure, fiber content and care; d) simple accessories selected; and e) activities for which garment will be worn.

## **CLOTHING REVUE GARMENTS**

(Sewn and/or Purchased)

- Use special “Clothing Revue” entry tag from 4-H Office.
  - The award received at Clothing Revue must be marked on both the top and bottom of the entry tag, which is stamped "REVUE" on both parts of the card. **The award you received must also be marked on the award column on your entry tag.** Entries with this information missing on the Entry Tag will not receive a premium.
  - All Clothing Revue garments must be exhibited for the duration of the Fair to receive premiums. They will not be re-judged. Only pre-judged Clothing Revue entries allowed; and garment must have been modeled at County Clothing Revue.
  - Enter Clothing Revue garments in appropriate Clothing Revue classes only: SBF-5 through SBF-8
- SBF-5 **BEGINNING CLOTHING SEWN** - garment which was JUDGED at Clothing Revue. Be sure award is marked on Entry Tag. Includes Sew-a-vest.
- SBF-6 **INTERMEDIATE CLOTHING SEWN** - garment which was JUDGED at Clothing Revue. Be sure award is marked on Entry Tag.
- SBF-7 **ADVANCED CLOTHING SEWN** - outfit which was JUDGED at Clothing Revue. Be sure award is marked on Entry Tag.
- SBF-8 **PURCHASED CLOTHING** - garment/outfit which was JUDGED at Clothing Revue.
- Entries in this class should **demonstrate progress in the 4-H Purchased Clothing Project Clothing Decisions: A Style of Your Own** and reflect wise consumer decision-making. Garments or outfit must be accompanied by an 8½ by 11” information notebook which **includes the entrant’s age-appropriate Youth Activity Guide Discovering Choice (grades 6-8) and Managing Choice (grades 9-12) or the completed activities from the guides. The notebook must also** include the following (1) color photo of entrant wearing garment or outfit - label photo with name, county and color of complexion, hair and eyes; (2) cost of garment - include price tags or information, itemized comparison of cost to make garment - consider cost of fabric, notions, pattern, labor, etc. (3) story that describes: a) why garment was purchased; b) how it fits into wardrobe; c) fabric structure, fiber content and care; d) simple accessories selected; and e) activities for which garment will be worn.

## **CLOTHING REVUE MODELING**

- Member should be dressed 30 minutes prior to event.
  - Outfits should be picked up one-half hour before Revue time. Return garments immediately after the Revue to exhibit area.
  - Commentary card (3x5 inch) must be submitted with Entry Form. It should include: name, age, home town and club name, & a brief description of style, color and fabric on one card.
- SBF-U9 **CLOTHING REVUE MODELING** – Saturday. 2:30 p.m., 4-H Youth Building
- SBF-U10 **MANNEQUIN MODELING** - Saturday, following Clothing Revue Modeling, 4-H Youth Building.

## SPECIAL INTEREST GROUPS

- SBF-11     **NON-APPAREL, SEWN** - examples include outdoor equipment such as a backpack, tent, sleeping bag; articles for a horse such as a saddle pad, cooling sheet, saddlebags; or recreational items such as kites and toys. For reference see the 4-H curriculum *Simple Gifts* and *The Flight/Fabric Connection*.
- SBF-12     **RECYCLED GARMENTS, SEWN** – Examples include remodeled or renovated garments. Attached to project record, please include a paragraph describing the original garment and what you did to remodel/renovate it.
- SBF-13     **RECYCLED NON-APPAREL, SEWN** – examples include remodeled or renovated items that are not clothing. For example – jeans turned into grocery/all purpose bags, t-shirts turned into purse, towels turned into a dog toy, etc.
- SBF-14     **TEXTILE ARTS** - Apparel or non-apparel items that use a form of textile art other than sewing. Items may be crocheted, knitted, woven, tie-dyed, etc. For knitted or crocheted item: state size of needles or crochet hook and stitches used. For heritage items: include a paragraph stating the historical information you learned in connection with this project. No fabric paint is allowed.
- SBF-15     **ORIGINAL PATTERN DESIGN** - Wearable or non-wearable items, designed and constructed by exhibitor (designs may be made by hand, by computer or combinations/design alterations of purchased patterns. Include pattern and description.
- SBF-16     **COSTUMES SEWN** - Costumes made using materials and construction techniques appropriate for the costume design and use. For example, if the costume is to be worn only once in a school play, the “look” of it from a distance will be more important than neat sewing.
- SBF-17     **HISTORICALLY ACCURATE CLOTHING, SEWN** - Clothing made using materials and construction techniques appropriate for period clothing. Exhibit does not have to use the exact fabric or technique, but there should be evidence of effort. Please include a paragraph stating historical information you learned in connection with this project.
- SBF-19     **WEARABLE ACCESSORIES, SEWN** - These items designed by the exhibitor, should have a decorative and/or functional purpose. On project record sheet please include: a) a description of materials used and why they were selected; and b) describe the style and color of garment with which it will be used. NO Kits Allowed.
- SBF-20     **TEXTILE & CLOTHING OPEN CLASS** - Class is an option for exhibits that fall outside categories described in Clothing and Textiles Section SBF. If a kit is used, please state so on the Project Record Sheet. Examples include, but are not limited to:
- Creative Accessory Item - These items should have a decorative and or functional purpose. Examples include a pillow or wall hanging.
  - Exhibit consisting of samples of sewing techniques as follows:
    - Beginning level - 3 samples
    - Intermediate level - 4 samples
    - Advanced level - 5 samples
  - Examples of sewing samples; fasteners, zipper, seam finishes, grading seam, clipping curved seam, gathers and hand stitches. They will be individually mounted on appropriate sized paper, with a brief description of either: 1. steps to follow or 2. points to consider in evaluating this type of sewing technique.
  - Exhibit of cloth dolls, doll clothing, and stuffed animals.

## FOODS AND NUTRITION – SBG

Judging: Monday, 2:30 p.m. – 7:00 p.m.  
Premiums: Blue – 6 units; Red – 4 units; White – 2 units

- All baked entries must have been baked from scratch by the exhibitor. No refrigerated or frozen dough or box mixes are permitted. Use of bread machine is not allowed.
- No exhibits requiring refrigeration (cream or custard-based pies, cakes) are allowed.
- Cool baked food thoroughly, display on sturdy paper plates or foil-wrapped cardboard, remove all items from baking pans (except pies) and enclose in plastic bag. **No plastic wrap!**
- Pie or other plates will **not** be returned.
- Include 3x5 recipe cards (product name, ingredients, preparation steps, and yield) with all baked entries. Also include the recipe source.
- An exhibit is: 9 samples of small items (cookies, muffins, cupcakes, rolls, breadsticks, pretzels, or similar products); 1 whole item for large exhibits (loaf bread, cake, coffee cake, or similar products); or whole item if needed to convey appearance of product (pie, turtle-shaped bread, or similar products).
- All baked goods will be sold for benefit of the 4-H Educational Program in Family and Consumer Sciences.
- All items must be accompanied by a recipe written on a 3x5 recipe card that is placed in a protective baggie. Any item without a recipe card will be marked down one ribbon placing.

## FOODS

### CLASS NUMBER

- SBG-1 **COOKIES, DROP OR HAND-SHAPED** – i.e.: drop-chocolate chip, applesauce, oatmeal; hand-shaped peanut butter, snickerdoodles, crinkles. No frosting; hand shaped cookies can be rolled in sugar if part of the recipe.
- SBG-2 **COOKIES, PAN-BAKED, ROLLED or REFRIGERATOR** – i.e.: date bar, pumpkin bar, brownies or other batter cookie. Layered cookies, especially healthy recipes like layered fruit bars. No frosting or added decorations that are not part of the batter.
- SBG-3 **MUFFINS** - Plain, whole wheat, cornbread, bran, apple, or other. No toppings.
- SBG-4 **BISCUITS OR SCONES** - Plain, whole grain, flavored, or other shaped (rolled & cut) biscuits or scones. No toppings.
- SBG-5 **LOAF BREAD (NOT YEAST LEAVENED)** - Banana, blueberry, apple, pumpkin, or other bread baked in 9x5 or 8x4-inch loaf pan.
- SBG-6 **YEAST ROLLS** - Plain, whole grain, flavored, or other yeast rolls of any shape; does not include fancy rolls with fillings or frosting.
- SBG-7 **YEAST BREAD** - Plain, whole grain, flavored, or other baked in a 9x5 or 8x4-inch loaf pan.
- SBG-8 **SHAPED BREAD** - An exhibit is any small (such as pretzels or breadsticks), or large (such as animal shaped) hand shaped bread. Plain, whole grain, flavored, or other; does not include fancy yeast breads with fillings or frostings.
- SBG-9 **PLAIN CAKE** – An exhibit will consist of one of the following: 1) plain cake (spice, chocolate, butter) baked in a pan approximately 8-9" round or square; 2) a foam-type cake (angel food, sponge, chiffon) baked in a tube pan approximately 9-10". Unfrosted. Cakes with frosting or topping may be entered in Grown in NY, Heritage Foods or International Foods.
- SBG-10 **CAKES WITH NUTRITIOUS INGREDIENTS** – Cake made with vegetable or fruit (no fruitcakes), such as carrot, applesauce, beet, sweet potato, cabbage, etc. baked in an appropriate size pan,

approximately 8-9" round or square or 9-10" tube. In evaluating nutritious cake, special credit will be given for nutritious ingredients and recognizing that cakes will be heavier and moisture content will vary. Unfrosted. Cakes with frosting or topping may be entered in Grown in NY, Heritage Foods or International Foods.

- SBG-11 **CAKE DECORATING** – Frosted and decorated cake or special occasion disposable form for a birthday, anniversary, graduation, etc. Include what occasion the cake is for on information card. If the frosted cake is to be evaluated for taste, item may be entered instead in Grown in NY, Heritage Foods or International Foods.
- SBG-12 **PIES** – 2 crust pastry. Top crust can be latticed or decorative pastry, no crumb toppings. Ex. Apple, blueberry, cherry, etc. Please enter in disposable pie pans 6" or larger. **No exhibits requiring refrigeration are allowed.**
- SBG-13 **TARTS OR TURNOVERS** – 3 items make an exhibit. Ex. Peach tarts, apple turnovers, etc. **No exhibits requiring refrigeration are allowed.**
- SBG-14 **BAKING LIGHT** - An exhibit is a sample of any baked product that is made with less fat and total calories by (1) modifying a recipe (include original and revised recipe); (2) using an already modified recipe; (3) making a traditionally low fat product such as angel food cake. The recipe and explanation of why it is low in fat must be included. Cookies, loaf bread, cake, cupcake, coffee cake, muffins, pies, or other baked items.
- SBG-15 **GROWN IN NEW YORK** - An exhibit is a sample of any baked product that contains a fruit or vegetable grown in New York state and must include; (a) recipe, (b) explanation of ingredient grown in New York, including where it was grown and purchased and if it was preserved for later use. Source of ingredient can be garden, U-pick or roadside stand, farmers market, or any market if New York source can be identified. Cookies, muffins, bread, cake, cupcakes, coffee cake, pie or other baked items.
- SBG-16 **HERITAGE FOODS** - An exhibit is a sample of any baked item associated with family traditions or history and must include: (a) recipe and (b) family history and traditions associated with the food. Cookies, muffins, bread, cake cupcakes, coffee cake, pie, or other baked items.
- SBG-17 **INTERNATIONAL FOODS** - An exhibit is a sample of any baked item associated with customs and traditions of a country or population of the world and must include: (a) recipe, (b) historical background or context, and (c) traditions associated with preparing, serving, and eating the food. Cookies, muffins, bread, cake, cupcake, coffee cake, pie, or other baked items.
- SBG-18 **PET TREATS** – Baked treats for dogs, horses, etc. Will be evaluated on appearance, smell and texture. Please include information for the treat (ex: for your pet, community service project, fund raiser, etc.)
- SBG-19 **HEALTHY SNACK** – this may be an actual food exhibit, poster, photos or may include faux food. The idea is to prepare an example of a healthy snack that you might have yourself or may prepare for friends. Actual food exhibits must be able to be presented without the need of refrigeration. Examples of Healthy Snacks: veggie platter, smoothie, cheese and crackers, fruit kabobs. Include serving size and info about the nutritional value of the snack.
- SBG-20 **PACKED LUNCH** – entry is to be presented in a lunch bag or box (think about how it will be displayed). Display may include photos or pretend food, if actual items will not hold up. Include the following: a) dietary needs of individual that lunch is for (e.g. a 3<sup>rd</sup> grader will require less food than a high school athlete); b) facilities available for keeping lunch (consider: will this be used on a trail ride? Lunchroom? Do you need to microwave in order to prepare? Etc.); c) nutritional value of the lunch packed (consider this when you decide what is going in the packed lunch).

- SBG-21 **MENU FOR A DAY** – the menu should include complete listing of all meals and snacks that would be eaten over a one-day period. A description of individual or family for whom meals are intended must be included. Typed exhibit with photos is recommended, creativity encouraged.

## **RECIPE COLLECTIONS**

- SBG-22 **HEALTHY RECIPE COLLECTION** - An exhibit is at least 6 recipes (displayed in a box, notebook, or file folder; can include photos or illustrations) that provide needed nutrients while limiting fat and total calories. For each recipe state: (1) relationship of key ingredients to Food Guide Pyramid; (2) nutritional benefit; (3) source of recipe; (4) how well it was liked; (5) any changes you would make in the recipe. All recipes must be collected and made during the current enrollment year.
- SBG-23 **HERITAGE RECIPE COLLECTION** - An exhibit is at least 10 recipes (displayed in box, notebook, or file folder; can include photos or illustrations) that depict family or local history. For each recipe state: (1) source of recipe; (2) history related to recipe; (3) traditions related to preparing, serving, and eating the food. For 4 of the 10 recipes, indicate how well it was liked after making it. The collection should represent one or more generations older than you and can be collected from family, friends, or other community sources. All recipes must be collected and at least 4 of the 10 prepared during the current enrollment year.
- SBG-24 **EDUCATIONAL POSTER** - An exhibit is a single poster (at least 14" x 22") on any aspect of foods or nutrition. Examples include messages that promote: Dietary Guidelines or Food Guide Pyramid; physical activity; food safety; reading labels and making ingredient choices; or other food and nutrition messages. Entries will be evaluated on the basis of content, composition and effectiveness.
- SBG-25 **EDUCATIONAL EXHIBIT** - An exhibit is a series of 3 or more posters (at least 14" x 22") or three-dimensional display on any aspect of foods or nutrition studied by a group or individual. Examples include: science experiments; cultural aspects of food; food preparation skills; positive health practices; or any clearly defined food or nutrition message. The display can include photographs, drawings, food products, food models, equipment, or any materials that help convey the message. The exhibit should be limited to approximately card table size. Entries will be evaluated on the basis of content, composition, and effectiveness.
- SBG-26 **FOOD & NUTRITION OPEN CLASS** - class is an option for exhibits that fall outside the categories described above. A recipe and written description of the process used for creating the item must be included.

## **FOOD PRESERVATION**

Canning procedures must be the approved methods of Cooperative Extension.  
Contact the 4-H Office for information.

- Food must be canned according to USDA guidelines, including proper canning method, head space and jar size for the product. Each entry must have a label on top of entry with product name and date processed. Must include a recipe card with all other required information. Any item without a recipe card will be marked down one ribbon placing. See below:

Appropriate headspace requirements must be followed:

Fruits - ½ inch	Vegetable - ½ to 1 inch	Pickles - ½ inch
Meats - ½ to 1 inch	Jams & Jellies – ¼ inch	Fruit Juices – ¼ inch
Tomatoes – ½ inch		

The size of canning and product must meet USDA Guidelines:

Fruits/Vegetables	Pint or quarts (exception: corn only in pint jars)
Fruit Juice:	Pints, quarts or half gallons
Jam/Jellies:	Pints, half pints or smaller
Tomatoes:	Pints or quarts

- Meat: Pints or quarts
- Clear glass, approved canning jars with two-piece metal canning lids must be used. Ring should be in place for transport but removed for judging.
- Jars must have vacuum seal
- Please include the following information on a separate piece of paper attached to the yellow Project Record Summary
 

Contents	Type of processing (boiling water or pressure)
Processing time	Altitude adjustment if required
Date of preparation	

 (Time and process should agree with USDA recommendations.)
- The following entries will be disqualified:
  - Freezer jams or jelly which require refrigeration
  - Unsealed Jars
  - Jars not processed according to (1989 or later) USDA guidelines
  - Food processed more than one year prior to judging
  - Jars with paraffin seals
  - Jars with zinc lids, one piece lids, glass domes with rubber rings (Bail Jars)
  - Foods in green-glass jars or non standardized jars
  - Jars with added color, bleach, sulfite, or other preservatives. (For example, baking soda may not be added to green vegetables and acids may not be added to non-pickled foods with the exception of tomatoes and figs.)
- Submit two jars with identical product. One jar will be opened to judge texture, aroma and taste (optional). Sealed jar will be displayed. Contents of open jar should be given back to the exhibitor.

- SBG-27 **CANNED FRUIT:** each entry must be different with a limit of 5 items
- SBG-28 **CANNED VEGETABLES:** each entry must be different with a limit of 5 items
- SBG-29 **CANNED FRUIT JUICE:** each entry must be different with a limit of 5 items
- SBG-30 **TOMATOES:** one jar of cut or whole (only tomatoes canned in their own juices will be given awards).
- SBG-31 **TOMATO JUICE:** one jar of tomato juice
- SBG-34 **PICKLES/PICKLE RELISHES:** each entry must be different with a limit of 5 items
- SBG-35 **MARMALADE/JAM/JELLY/PRESERVES:** each entry must be different with a limit of 5 items
- SBG-36 **PIE FILLING:** each entry must be different with a limit of 5 items
  
- SBG-37 **DRIED/DEHYDRATED FOODS:** Dried foods must be displayed in either clear one-half pint zip closure bags or glass jars with tight fitting lids. Foods in unapproved containers or more than one year old will be disqualified. Jars must be labeled (on a separate card, attached to the exhibit). Do not put labels on the sides of jars. Exhibits include dried vegetables, fruit, leathers or herbs.
  
- SBG-38 **MAPLE SYRUP PRODUCTS:** An exhibit will consist of homemade maple syrup in a clear glass bottle appropriate for syrup products. A card will be attached to the entry with the process used to make the syrup and the resource(s) of their information.
  
- SBG-39 **MISCELLANEOUS: OTHER CANNED GOODS NOT LISTED:** contact the 4-H Office before entering